

# Jackson Parks & Recreation Department

Volume 35 -

Held in cooperation with the Jackson Fire Dept.

5K Run/Walk

# GLO RUN

The more you run,  
the more you GLO!

LIVE MUSIC BY

**OCTOBER 6, 2018**  
JACKSON, WISCONSIN

5k Run/Walk Reg. 5:30pm, Race 6:30pm  
Live Band, Food/Beverage 6:30-9:30pm  
Chili Cookoff 6:30-8:15pm

Location: JACKSON AREA COMMUNITY CENTER  
N165 W20330 Hickory Lane, Jackson, WI 53037

**Chili Cookoff Contest!**  
Call The Park & Rec. To Enter!

**EASY ONLINE REGISTRATION AT**  
jacksonparkrec.recdesk.com  
or at the Jackson Area Community Center  
(262) 677-9665

Proceeds Benefit: The Friends of Jackson Jt. Parks & Recreation.  
This event will help fund the Hickory Lane Inclusive Playground!  
The Friends are a 501(c)(3) Not For Profit Community Organization

Registrations received after  
September 21 cannot be guaranteed a t-shirt or medal.  
So, PLEASE register early!  
For more information please call (262) 677-9665.

**Don't Miss These Popular Events!**  
And all the Other Ones  
Inside For All Ages!

## VILLAGE AND TOWN 2018 - 2019 FALL/WINTER ACTIVITY GUIDE

Jackson Area Community Center  
N165 W20330 Hickory Lane,  
Jackson, WI 53037  
Phone: (262) 677-9665  
Fax: (262) 677-9641  
Email: parkrec@villageofjackson.com



*Not just activities and programs, but also a guide to Jackson Living!*

Sprecher

### 2018 JACKSON BEER GARDEN

JACKSON PARK - Shelter #1

Jackson Park: W204 N16901 Jackson Drive, Jackson WI 53037

4:30pm to 9pm

The Jackson Park Beer Garden features Sprecher Brewing craft beer, gourmet sodas, Sangria on tap, other refreshments, pizza, popcorn, and hot sandwiches. The Jackson Park Beer Garden is run by the Jackson Parks & Recreation Department in partnership with Mr. Gordon Goggin and Sprecher Brewery.

### JACKSON OKTOBERFEST SEPTEMBER 27, 28 and 29

Entertainment and Bands 5:30-9:00pm unless listed



Thursday, Sept. 27  
Friday, Sept. 28

**RIVER CITY BLASKAPPELLE** - a German Horn Band  
**TED OLIVER DUELING PIANOS** - music to make everyone sing  
**THE SQUEEZETTES** - polka and so much more

Saturday, Sept. 29



In Cooperation with the  
**FRIENDS OF JACKSON  
PARKS & RECREATION**  
jacksonparkrec.recdesk.com  
(262) 677-9665

HELP US  
REACH OUR  
FUNDRAISING  
GOAL BY  
2018  
FOR  
THE NEW  
HICKORY  
LANE PARK,  
INCLUSIVE  
PLAYGROUND!



JACKSON JT. PARKS & RECREATION DEPARTMENT PRESENTS THE:

# GHOUL GALA

Annual Family  
Pre-Trick or Treat Party  
**SUNDAY, OCTOBER 28, 2018**

3:00 to 5:30 pm at the JACKSON AREA COMMUNITY CENTER  
(Village & Town Trick or Treat is from 5:30 to 7:30pm)

- Game & Food tickets only .25 cent with fun prizes!  
(Games, food and projects range from .25 to \$2.00.)
- Free Admission and Dance Party!
- Costume Contest - each kiddo gets to come on stage!
- Best Dressed Family Contest - winners could win a 2019 PRIVATE SPLASH PARK PARTY!
- Photo Album & Cupcake Decorating!
- Awesome food and refreshments!
- Great For All Ages!

INFO: Phone: (262) 677-9665 Email: parkrec@villageofjackson.com Website: jacksonparkrec.recdesk.com

BIG THANKS TO OUR SPONSORS  
**MASTER PRINTWEAR & NETWORK PHOTOGRAPHY**

ACHIEVE BRAND AWARENESS  
NEW! CUSTOM APPAREL & PROMOTIONAL PRODUCTS

MASTER PRINTWEAR  
NETWORK PHOTOGRAPHY

# Welcome To Jackson Park & Recreation

Dear Jackson Community,

Let's start with a brief update on the Hickory Lane Park Inclusive Playground. The project will begin this fall with the demo of the old playground and the grading for the new structure. Mother Nature put us a bit behind with all the rain since August. Our goal is to have that complete mid to late October. From there, we will install the new structure. This process will take about 3 weeks to complete, bringing us into November. Unfortunately, that is where our project will stay until spring. Hopefully, in late April early May we will be able to pour the concrete and the solid rubber surface. We would like to have the ribbon cutting ceremony and dedication of the Sponsor Board in June of 2019.

We want to give a very sincere thanks to the Friends of the Jackson Park & Rec., the individuals, businesses and the Village Board for making this project a reality. It truly demonstrates the commitment to "Making The Jackson Community A Place To Call Home"!

We hope to see you at our  
Fall/Winter events & programs!

Kelly Valentino, CPRP  
Parks & Recreation Director



## Meet The Jackson Parks & Recreation Department Staff

**Kelly Valentino, CPRP**  
Parks & Recreation Director  
**Renee Fisher**  
Recreation Supervisor  
**Jessica Loomans, CPRP**  
Operations Manager

Offices are located at the:

Jackson Area Community Center  
N165 W20330 Hickory Lane, Jackson, WI 53037  
Phone: (262) 677-9665, Fax: (262) 677-9641  
Email: [parkrec@villageofjackson.com](mailto:parkrec@villageofjackson.com)

**website: [jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)**

### Jackson Village Board

Village President, Michael Schwab  
Trustee, Brian Emmrich  
Trustee, Debbie Kurtz  
Trustee, Jack Lippold  
Trustee, Don Olson  
Trustee, John Kruepke  
Trustee, Gary Malcolm

Village Administrator, John Walther  
Village Clerk/Treasurer, TBD

Jackson Village Hall  
N168 W20733 Main Street  
Jackson, WI 53037  
(262) 677-9001  
[www.villageofjackson.com](http://www.villageofjackson.com)

### Jackson Town Board

Chairman, Ray Heidtke  
Supervisor, Marcy Bishop  
Supervisor, Bob Hartwig  
Supervisor, Paul Huetti  
Supervisor, Joe Kufahl

Town Clerk, Julia Oliver

Jackson Town Hall and Park  
3146 Division Road  
Jackson, WI 53037  
(262) 677-4048  
[town-jackson.com](http://town-jackson.com)

### Jackson Parks & Recreation Committee

Chairman  
Doug Alfke- Village Rep.

Committee Members  
Laurie McGraw- Town Rep.  
John Bales- Town Rep.  
Bill Haese - Village Rep.  
Renee Kreiter - Town Rep.  
Susan Rank- Village Rep.  
Casey Latz - Village Rep.  
Christa Weiss- Town Rep.  
Volunteer Secretary: Sue Rank

Meetings are typically the 3rd  
Wednesday of every month.

### Friends of Jt. Jackson Parks & Recreation Board of Directors

President, Casey Latz  
Vice President, Renee Kreiter  
Secretary, Sue Rank  
Treasurer, Gloria Tiefke  
Ex-Officio, Kelly Valentino

The Friends is a 501-c3  
organization with a mission  
to enhance, protect and  
preserve Parks & Recreation  
in our Community for future  
generations.

Meetings are typically the 3rd  
Wednesday of every month.



# Hickory Lane Inclusive Playground

**Hickory Lane Park**  
Jackson Parks & Recreation



**HELP MAKE THE NEW INCLUSIVE HICKORY LANE  
PARK PLAYGROUND A REALITY!  
FUNDRAISING HAS JUST BEGUN.**

Check [jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com) for fundraising opportunities and updates!

**WE ARE SO CLOSE!** Although construction will begin this fall, the Friends are still fundraising to complete the project! You can help simply by participating in the following events!

## Upcoming Fundraisers:

**Culver's of Jackson "Friends" Days:**  
Wednesday, Sept. 12

**Jackson Beer Gardens:**  
Held In Jackson Park  
September 27, 28 & 29

**FAMILY GLO RUN:**  
All proceeds benefit the  
Playground!

**Purchase a "Friends" tie-dye t-shirt**

**GENERAL DONATIONS ARE  
ACCEPTED AT THE JACC!**

## Community Information

### PHOTOGRAPH POLICY

During programs and events we will periodically take pictures for publicity. By participating in events/programs, you are giving us permission to use your photo in media publications. If you do not want your picture taken or used in publications or advertisements, please let us know immediately.

**Special THANKS to  
Mr. Rick Kaisler  
for being our in-house  
volunteer photographer**

### CANCELLATIONS

If class size does not meet the minimum listed requirements, the class may be cancelled. If a cancellation occurs due to class size, you will be offered a full refund or a transfer to another class with the same fee. We will make every effort to combine classes to avoid cancellations.

### OOOPPS!

Although we try our best, occasionally there may be errors in our Activity Guide or Online. We appreciate your patience and understanding and we will make every effort to correct any mistakes.

### GOT QUESTIONS?

#### **We Got Answers!**

Check out the website for Jackson Parks & Recreation.

**[jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)**

- \*Easy Online Registration - see page 41 for instructions.
- \*Quick to find information on programs and events
- \*Screen Shot Mobil App! Register from your Smartphone!

### ONLINE REGISTRATION

You may register for classes online at:

**[jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)**

All online registrations must be paid for by credit card or EFT through your checking account. All online registrations are subject to a convenience fee.

### RESIDENT FEES

Residents are persons who pay their property taxes directly to the Village OR Town of Jackson. Non-resident fees will be denoted by an NR where the fees are listed throughout the guide.

### PARTNERSHIPS

The Jackson Parks & Recreation Department partners with other Park & Rec. Depts. and other organizations in providing cooperative programming. We're working together to bring you better programming at lower costs!

**rec desk**

# Jackson Community Resources

## Helpful Community Phone Numbers:

Village of Jackson  
(262) 677-9001

Town of Jackson  
(262) 677-4048

Jackson Police - Non Emerg.  
(262) 677-4949

Jackson Fire - Non Emerg.  
(262) 677-3811

Washington Co. Sheriff Non Emerg.  
(262) 335-4411

Jackson Elementary School  
(262) 335-5475

Badger Middle School  
(262) 335-5455

West Bend High Schools  
(262) 335-5530 /335-5570

American Red Cross  
(262) 334-5687

Washington Co. Humane Society  
(262) 677-4388

Elevate - Resource Center  
(262) 677-2155

WeEnergies  
(800) 242-9137

Silver Brook Middle School  
(262) 335-5509

Washington County Aging &  
Disability Resource Center  
(262) 335-400

Jackson Area Youth Baseball  
(262) 674-8199

Jackson Youth Soccer Assoc.  
(414) 312-2244

Digger Hotline  
(800) 242-8511



**Washington County Shared Ride Taxi 1-888-285- TAXI (8294)**

## HUNGER TASK FORCE "STOCKBOX" Program



This program is FREE and provides a full box of healthy foods for those who are 60 years and older that meet income requirements.

Registration is REQUIRED, but it is minimal and confidential. Pick-up for qualified candidates is every 2nd Wednesday of the month from 10 - 11am at the Jackson Area Community Center. For more information, call Renee at (262) 677-9665x104.

### **Stockbox Items include:**

- \*cheese
- \*canned fruit
- \*canned vegetables
- \*juice
- \*cereal
- \*dried & canned milk
- \*peanut butter
- \*canned meat
- \*rice, instant potatoes or pasta
- \*dried beans



## TOT OPEN GYM

**Thursdays from  
9:00am to Noon  
Ages 2-5**

### **IT'S TRIKES, BALLS AND BIG WHEEL MADNESS!**

Need a place for your tot to burn off a little energy during the winter months??? Well, we have just the place - just bring your Trike, Bike or Big Wheel and we'll provide the rest. A parent/caregiver must accompany child.

**\$3/NR\$5 per child, per day**  
**FAMILY RATES: Residents of the Town or Village  
only \$10.00 and Non-Residents only \$15.00**

**CODE: #0010**

## ADAPTIVE ATHLETICS

Year-round sport training and athletic competition in a variety of Olympic-type sports for ages 8 thru Adult with cognitive disabilities. Over 440 agencies in Milwaukee, Ozaukee, Washington and Waukesha counties offer sports training and competition in 17 different sports during five sports seasons.

For more information visit us at:  
[www.specialolympicswisconsin.org](http://www.specialolympicswisconsin.org)  
(262) 241-7786 or (800) 924-5202



**Special Olympics**  
Wisconsin

# Community Center - Fitness Center/Gym

## FITNESS CENTER MEMBERSHIPS

Affordable for Everyone! We have gift certificates that make great GIFTS all year long!

### Yearly Resident Rates:

- \*\$120.00 single
- \*\$180.00 family
- \*\$ 75.00 seniors and students
- \*\$ 3.00 daily passes

*(Ask about our easy monthly payment plans!)*

- \*Monthly group equipment orientations are provided the 3rd Tues. and 3rd Sat. of each month with each membership to ensure you are getting the most out of your membership.
- \*Private/Personal Training sessions are also available by appointment.

### General Fall/Winter Hours of Operation:

Mon.- Friday 6:30am to 8pm  
Saturday 8am to 11am.

\*Please call during off hours. We may be open for rentals and then the Fitness Center is open as well!!!



**WELCOME SILVER SNEAKERS & OPTUM**  
If your insurance company offers Silver Sneakers or OPTUM, your fitness membership may be free! Inquire with your insurance company or at the JACC front desk.

## Free Adult Independent Walking



Jackson Area Community Center Gymnasium

Monday, Wednesday & Friday  
6:30am to 8:30am and 12-3pm  
Tuesday & Thursday  
6:30am to 12pm

The gym is open for self-directed independent walking. Children under 18 must be accompanied by an adult to participate in walking only. Closed dates will be posted. Please note: there may be times when several activities including walking are happening in the gym at the same time. For more information call (262) 677-9665.



### Personal Training Sessions Available

Gain the most out of training with a personalized workout developed just for you by an experienced and certified personal trainer! Functional & sport specific programs customized for you based on your goals, fitness level and health. These are 30 -60 minute sessions at very reasonable rates. Call the Jackson Park and Rec. to schedule your appointment today! (262)677-9665.

**OPEN GYM**  
Saturdays  
8:00am to Noon





# Jackson Oktoberfest Beer Garden



## 2018 JACKSON BEER GARDEN

### JACKSON PARK - Shelter #1

Jackson Park: W204 N16901 Jackson Drive, Jackson WI 53037

4:30pm to 9pm

The Jackson Park Beer Garden features Sprecher Brewing craft beer, gourmet sodas, Sangria on tap, other refreshments, pizza, popcorn, and hot sandwiches. The Jackson Park Beer Garden is run by the Jackson Parks & Recreation Department in partnership with Mr. Gordon Goggin and Sprecher Brewery.



## JACKSON OKTOBERFEST SEPTEMBER 27, 28 and 29

Entertainment and Bands 5:30-9:00pm unless listed



Thursday, Sept. 27

Friday, Sept. 28

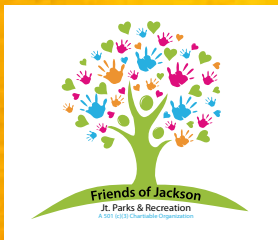
Saturday, Sept. 29



**RIVER CITY BLASKAPELLE** - a German Horn Band

**TED OLIVER DUELING PIANOS** - music to make everyone sing

**THE SQUEEZETTES** - polka and so much more



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**FRIENDS OF JACKSON  
PARKS & RECREATION**  
jacksonparkrec.recdesk.com  
(262) 677-9665

HELP US  
REACH OUR  
FUNDRAISING  
GOAL BY  
2018  
FOR  
THE NEW  
HICKORY  
LANE PARK,  
INCLUSIVE  
PLAYGROUND!



# 5k Glo Run/Walk & After Glo Party!

Held in cooperation with the Jackson Fire Dept.

## 5K Run/Walk

# GLO RUN

The more you run,  
the more you **glo!**

## LIVE MUSIC BY



## OCTOBER 6, 2018

### JACKSON, WISCONSIN

5k Run/Walk Reg. 5:30pm, Race 6:30pm  
Live Band, Food/Beverage 6:30-9:30pm  
Chili Cookoff 6:30-8:15pm

Location: JACKSON AREA COMMUNITY CENTER  
N165 W20330 Hickory Lane, Jackson, WI 53037

## Chili Cookoff Contest!

Call The Park & Rec. To Enter!

**\$25** - 12 years and older

**\$15** - Under 12 (2 and under free)

**\$60** - Family Package (2 adults and 2 children)

### EASY

### ONLINE REGISTRATION AT

[jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)

or at the Jackson Area Community Center  
(262) 677-9665



[www.facebook.com/JacksonParks & Recreation](http://www.facebook.com/JacksonParks&Recreation)

### INCLUDES:

T-SHIRT, MEDAL & GLO STATIONS  
FREE AFTER GLO DANCE PARTY

LIVE BAND with GYM BLACK LIGHT DECOR

GREAT RAFFLE PRIZES!

(CHILI COOKOFF, CONCESSIONS, BEER, WINE,  
& SODA AVAILABLE FOR PURCHASE)

Proceeds Benefit: The Friends of Jackson Jt. Parks & Recreation.

*This event will help fund the Hickory Lane Inclusive Playground!*

*The Friends are a 501(c)(3) Not For Profit Community Organization*

Registrations received after

September 21 cannot be guaranteed a t-shirt or medal.

So, PLEASE register early!

For more information please call (262) 677-9665.



# Community Events



JACKSON JT. PARKS & RECREATION DEPARTMENT PRESENTS THE:

# GHOUL GALA

## Annual Family

## Pre-Trick or Treat Party

# SUNDAY, OCTOBER 28, 2018



**3:00 to 5:30 pm at the JACKSON AREA COMMUNITY CENTER**  
*(Village & Town Trick or Treat is from 5:30 to 7:30pm)*



**Game & Food tickets only .25 cent with fun prizes!**  
*(Games, food and projects range from .25 to \$2.00.)*



**Free Admission and Dance Party!**



**Costume Contest - each kiddo gets to come on stage!**



**Best Dressed Family Contest - winners could win a 2019 PRIVATE SPLASH PARK PARTY!**



**Photo Album & Cupcake Decorating!**



**Awesome food and refreshments!**



**Great For All Ages!**



**BIG THANKS TO OUR SPONSORS**  
**MASTER PRINTWEAR & NETWORK PHOTOGRAPHY**



ACHIEVE BRAND  
AWARENESS  
*With*  
CUSTOM APPAREL &  
PROMOTIONAL PRODUCTS



**INFO: Phone: (262) 677-9665 Email: [parkrec@villageofjackson.com](mailto:parkrec@villageofjackson.com) Website: [jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)**





# Community Events



## Kids Rummage & Cookies with Santa with Direct Sales Expo



### Saturday, December 1

9:00 to Noon at the Jackson Area Community Center

Live Performances By: local community groups and organizations

CODE #: 0013

### Sellers

Kids - now is the time to clean out your room. Bring all those old toys and games to the KIDS RUMMAGE SALE and make some money for new things or Holiday presents for your family and friends!!! Be sure to bring a container or shoe box with change, and if you plan on doing some shopping yourself - make sure to have someone responsible to help with your booth. Feel free to leave unsold toys & games behind. We will take them to the needy. Registration fee to hold a booth is R:\$5.00/NR: \$10.00. For ages 8 to 13 or younger with parent. **Direct Sales Vendors, please call for registration details (262) 677-9665.**

**LIMITED TABLES: MAX of 57 sellers/vendors - register early!**

### Shoppers

The sale will be in conjunction with our Cookies/Pictures with Santa. We encourage families to bring their own cameras for pictures. Kids will decorate picture frames and have fun shopping the KIDS RUMMAGE SALE while enjoying their cookies with Santa!! Adults, this is a great place to shop as well - there's nothing wrong with gently used toys! We also have a "top notch" bake sale, so you can be set for all those "Holiday Get Togethers"! The event is FREE for those shopping and coming to visit Santa!



## Community Outdoor House Decorating Contest

Who will be the most creative with their outdoor Christmas decorations this Holiday Season?? Join the best Community Decorating Contest around! Light up your homes and show us how much glitz and pizzazz you have! This is FREE but the registration

deadline is Wednesday, December 12 and judging will be the evening of December 13. Contest open to Jackson Village & Town residents only. A family cannot win 2 consecutive years in a row.

**Congrats to the past winners, whose name's are displayed on a plaque at the Community Center**

- 2008 ULICK FAMILY
- 2009 VOELZ FAMILY
- 2010 BLAND FAMILY
- 2011 KANNENBERG FAMILY
- 2012 SHALESKI FAMILY
- 2013 BARBIAUX FAMILY
- 2014 BERNAUL/KONZAL FAMILY
- 2015 TRAHAN FAMILY
- 2016 BARBIAUX FAMILY
- 2017 KUNSTEK FAMILY
- 2018 This Could Be Your Family ????

CODE #: 0015



CODE #: 0014

## CHRISTMAS COOKIE BAKING

Wednesday, December 5  
from Noon - 4:00pm

It's more fun as a group!

Enjoy an afternoon of baking, friendship, laughs and yummy cookies!!!

Cost \$25.00 and includes all baking supplies.\*Just bring a container for your goodies!

Max. of 12 per class

# Community Events

## SHOPPING EXTRAVAGANZA TO CHICAGO

ages 18+ (12 to 17 with adult)

CODE #: 0017

**Saturday, November 3**

7:00am to 9:30pm

Pickup/Drop Off: Jackson Area Com. Center

R:\$50/NR: \$75 (registration deadline 10/26)

Min 10/Max 26



Join us for our 14th Annual Chicago Shopping Trip! Jump aboard our coach bus and let us take you in luxury to the "MIRACLE MILE". Come along and start your Holiday Shopping. Visit stores such as Neiman Marcus, Bloomingdales, Coach, Northface, American Girl and many more! Shopping not necessarily your "bag" - just come for the incredible ambiance - just walking down the Chicago streets and window shopping is enough to transform any "Scrooge"!

Stop and enjoy a meal at one of the multiple restaurants or stop and get a snack at Garrett's Popcorn. It's worth the wait! A breakfast snack will be provided for the morning drive along with a treat and movie for the drive home.

Shopping Maps will also be provided to help with your shopping needs.

*Don't miss this exciting thrill of the "Big City" during the holidays,*



Sponsored by:

**JACKSON AUTO**

**Scotty Schoen**

17th Annual

**KIDS FISH DERBY**

**SATURDAY, MAY 4, 2019**

**8:30am to 11:30am**



Code #0019

Thanks To:

Jackson Fire Dept.

WI DNR

Scout Troop #765

Cabela's

This event is open for kids of all ages to come and enjoy fishing with their family. Just bring your pole and bait. There will be goodie bags, fantastic prizes and FUN!!! Not only are there prizes for the longest fish, but also for the best casting skills! The derby will be held at the DNR Lake Hasmer Access just north of HWY 60 on HWY P in Jackson. Fishing licenses are not needed by participants 15 and under, but all older participants and adults fishing must have a valid fishing license. All participants must be accompanied by a parent or guardian.

Refreshments and hot dogs will be available for \$1.00!

**PARKING:** There is **NO PARKING** on Hwy P - please park in the Park and Ride Lot on Apple Lane.

**PRE-REGISTRATION is GREATLY encouraged** to help us prepare for the event! There will be a special raffle prize only for those Pre-Registered - the deadline is April 26 to qualify for the special raffle.





# Community Events

ANNUAL COMMUNITY

## EASTER EGG HUNT

Sponsored By  
**JACKSON PET HOSPITAL**

**Saturday, April 13, 2019**

**9:30am Sharp!**

**Jackson Park Shelter #1**

This is a FREE family fun activity. Come visit the Easter Bunny and have a great time collecting goodies! There will be 4 age divisions up to age 12. The hunt begins at 9:30am sharp, so don't be late. The bunny will be available for kids after the hunt.

The Jackson Park & Rec. is happy to accept donations of bagged plastic eggs and bags of individually wrapped candy to help with our hunt! Please bring donations to the JACC by 4/9 THANKS! Call (262) 677-9665 for more information.



## JACKSON VILLAGE-WIDE RUMMAGE SALE

**SATURDAY, MAY 18, 2019**

The Jackson Parks & Recreation Department has teamed up with the Jackson Travel Center to bring you the "JACKSON VILLAGE-WIDE

RUMMAGE SALE"!

**A GOODWILL TRUCK will be parked at Hickory Lane Park to collect unsold items.**

If you are planning on having a rummage sale you can sign up May 1-12, for FREE at the Jackson Area Community Center or Jackson Travel Center to have your sale's address listed on the Rummage Map.

Rummage times are approx.  
8am - 5pm.

**GET ON THE MAP!**



## VIEWERS CHOICE MOVIE NIGHT

**Friday, February 8, 2018  
at 7:00pm**

Email your favorite movie choices to [rfisher@villageofjackson.com](mailto:rfisher@villageofjackson.com) by Friday, January 18th! The movie and event poster with extra fun stuff, will be posted on the website

by Feb. 1st.

[jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)

11

# MONTE CARLO NIGHT - Fundraiser

Presented in conjunction with the "FRIENDS OF JACKSON JT. PARKS & RECREATION" a 501-c3 org.

8th Annual

## MONTE CARLO NIGHT

Saturday, February 2, 2019

At the Jackson Area Community Center

7:00 to 11:00pm

**LIMITED  
TICKETS  
GET  
YOURS  
TODAY!**

Come out for a night of fun while supporting the Jackson Parks & Recreation Department! We couldn't do it without you!  
Amazing lineup of games, live entertainment, food and refreshments Including:

- \*Refreshments: Beer, Wine, Mike's Lemonade, water, soda
- \*AWESOME: Silent Auction & Raffle
- \*Fun Amusement Games provided by  
**VEGAS ON WHEELS: Poker, Black Jack, Craps, Roulette, & Bingo**
- \*Live Music - Band TBA
- \*Famous Potato & Nacho Bar, Sweet Treats and more!

**SPONSORS AND DONORS  
NEEDED - PLEASE HELP US  
SUPPORT THE COMMUNITY!!!  
Call (262) 677-9665**

**AGES 21+  
ONLY**

### TICKETS:

\$10.00 in advance  
\$15.00 at the door

Reserve early - limited to 250 tickets to ensure "table time".

Each Ticket Includes:

Live Music,  
Funny Money \$, Door Prize Ticket,  
Event Koozie, and More.....



## 2018 MONTE CARLO NIGHT SPONSORS

*The Jackson Parks & Recreation Department would like to thank all the following businesses and individuals that made this year possible!*

**BMO HARRIS BANK  
KERRY INGREDIENTS  
Friends of Jackson Jt. Parks & Recreation  
Sprecher Brewing  
Kruepke - Mobil  
Culver's of Jackson  
Next Electric**



Jackson Auto Service  
JCL & Son's  
Jackson Moonlighters Snowmobile Club  
Jackson Pub  
Jimmy's Restaurant  
Boys & Girls Clubs of Washington County  
H & R Block  
B & L Graphic Solutions  
Wisconsin Pharmacal Co.  
Gremmer & Associates  
Town & Country Engineering  
Greater Jackson Business Alliance  
St. Peter Law Offices  
Pleasant Valley Pet Hospital SC  
Tom & Doreen Kruepke  
Design2Construct  
Sabel Mechanical

Advocare  
Aifke Family  
Amsoil, Seth Cooley  
Arborscape Landscaping, Inc.  
Beiri's Cheese  
Bridge Inn - Grafton  
Buffalo Wild Wings  
Camelot Golf Club  
Cedar Corporation  
Cedarburg Creek Farms  
Chainsaw Bob - Wood Artist  
Challenger British Soccer  
Chocolate Factory  
Coffeeville of Jackson  
Comfort Inn  
Country Inn & Suites  
Cranberry Creek Diva's

Dairy Queen  
Dena's Specialty Candies  
Derma Skin Care  
Family Video  
Fox Bros. Piggly Wiggly  
Gloria Teifke  
GND Painting Services LLC  
Heritage Hill Nursery Inc  
Healing Elements Spa  
Hidden Glen Golf Club  
Hoff's at Camelot  
Ivey's On Main - Wendy Iverson  
Jackson Area Youth Baseball  
Jackson Family Dentistry  
Jackson Soccer Club  
Jim Brady - Brewers  
Kiddie Kampus

Kwik Trip  
Lammscapes  
Living Word Lutheran H.S.  
Marco's Pizza  
Mary Kay, Karen Sinclair  
Mc Donald's  
Miller Monument Co  
Milwaukee Admirals  
Milwaukee Wave  
Paparazzi - Amanda Warczak  
Papa Murphy's Pizza  
Paradise Springs Fitness  
Pizza Station  
Planet Fitness  
Pleasant Valley Pub  
Property Loss Management  
School-Pak, Inc.

Salon Biddizza  
Sonya's Rose Creative Florals  
Shorewest Realtors of Jackson  
Cy & Shirley Swiecichowski  
Star Promotions  
SUBWAY  
Super Lube  
Texas Roadhouse  
The BOG  
Thirty-One, Amy Schrap  
Thirty-One, Wendy Tremaine  
Walgreens Pharmacies  
Washington Co. Fair Park  
Washington Co. Humane Society  
West Bend Furniture & Design  
Wisconsin Timber Rattlers  
WTKM - Dave & Connie Stout



# Community Events



## POTAWATOMI CASINO TRIP

CODE: 0007

Milwaukee

Tuesday, Oct. 23

Depart 7:15am and Return 3:00pm

Pickup/Drop Off: at West Bend Walmart

(1515 W. Paradise Dr., West Bend, WI 53095)

DEADLINE: Oct. 18

R:\$27/NR:\$40

Cha-Ching! Invite your friends and try your luck at the Potawatomi Casino in Milwaukee. This trip includes: fun, camaraderie, motorcoach transportation, \$10.00 in Match-Play, \$10.00 off a buffet meal, and did I mention FUN?! PLUS - Seniors 55+ will receive 3x the points earned from slot play!

Register early, we only have 12 seats!

Min 8/Max 15

\*Must be 21+ to attend this

trip! Match Play is subject to change per casino.

**The need is constant.  
The gratification is instant.  
Give blood.**



**American  
Red Cross**

Monday, Sept. 24

Monday, Nov. 28

Monday, Jan. 28

Wednesday, March 27

Wednesday, May 22

2pm - 6pm

For an appointment call

1-800-RED CROSS (1-800-733-2767) or  
redcrossblood.org



Monday, October 8

Wednesday, December 26

2pm - 6pm

2019 Dates coming soon...

check back at bcw.edu/JACC

For an appointment call

1-877-BE-A-HERO

(1-877-232-4376) or

www.bcw.edu

**All Drives Held At The  
Jackson Community Center**

## CHIP-IN ISLAND RESORT 6th Annual Halloween Bash Overnight Casino Trip & Party!

Dates: Oct. 28-Oct 30, 2018

Ages: 21 and older

Fee: \$195/person double (2 in room)

\$275/person single

\$190/person triple (3 in room)

(non residents fees apply)

Reg. Deadline: Oct. 12th

LOTS of rebates, perks and food!! Call

Renee for details 677-9665x104.

Limited to the first  
15 that register!

CODE: 0001



Shoo the  
Flu and  
Pneumonia  
Too!

TUESDAY, OCTOBER 16th

1:30 to 3:00pm at the Jackson  
Area Community Center

Get your Flu Shot!



Walgreens will be at the Jackson Area Community Center to administer flu and/or pneumonia shots for persons ages 18 & older. Minors must be accompanied by a parent or guardian. And Pneumonia shots are only available through Medicare. Medicare (Part B); most Medicare Advantage Plans; and Medicaid (T19) accepted as payment with proof of coverage. (please call ahead for pneumonia shots to ensure we have enough on hand).

Out of Pocket Payments:

Flu: For 65 and under \$32.00

Flu: For those over 65 \$60.00

# Infants - Preschool Development

## PEE WEE TUMBLING

Ages 3-4

In this parent-child class, your toddler will have a blast learning basic tumbling and movement skills with fun, age-appropriate activities! Throughout this program, your toddler will have many opportunities to socialize with peers and improve balance, coordination, body awareness, strength and flexibility!

**Location: JACC**

Min 5/Max 12

**CODE: 1013**

Sess.	Dates	Day	Time	Fee
1	March 5 - 26	TUES	6-6:45pm	\$28NR\$42



## ART WITH A HEART



Ages 4-6

This instructional class is a great introduction to painting on canvas! The best part is that this class is designed for kids that may have absolutely no experience in painting to those that have

had a lot. We will be creating a unique picture each week, as we explore basic shapes and techniques. After each class you will have your own masterpiece to take home! This class taught by Sonya Behan, MSW. Sonya has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style. Currently, Sonya teaches art to various school age children through the Young Rembrandts art program in Milwaukee and Washington Counties. Be sure to wear clothes that you don't mind getting paint on. All supplies for this class are provided.

**Location: JACC**

Min. 5/Max. 10

**CODE: 2018**

Sess.	Dates	Day	Time	Fee
1	Nov 1 - 15	TH	6-7pm	\$30/NR\$45
2	Jan 10 - 24	TH	6-7pm	\$30/NR\$45
3	Apr 4 - 18	TH	6-7pm	\$30/NR\$45

## TINY TOTS SPORTS SPECTACULAR

Ages - 2 to under 4

Come and enjoy fun, age-appropriate activities designed to introduce toddlers to basketball, soccer, t-ball, mini golf, tennis and bowling. Participating in exciting sports specific activities will help toddlers improve eye-hand/foot coordination, agility, balance and overall physical fitness. Toddlers will also have many opportunities to practice taking turns and following directions. An adult is **REQUIRED** to remain with the child and is encouraged to participate as desired.

**Location: JACC**

Min. 5/Max. 12

**CODE: 1017**

Sess.	Dates	Day	Time	Fee
1	TBD	SAT	10-10:45am	\$22/NR\$33



## MOVEMENT & MUSIC

Ages 9 months to 2 Yrs.

This class combines songs, music, and motor activities to create fun-filled opportunities for your child. Young toddlers will be able to participate in a variety of movement experiences (rolling, sliding, crawling, climbing, kicking, tossing, catching, etc.) while interacting with their peers. A parent or caregiver should come ready to play along too!

**Location: JACC**

Min. 5/Max. 12

**CODE: 1005**

Sess.	Dates	Day	Time	Fee
1	TBD	SAT	9-9:40am	\$22/NR\$33





# Preschool Learning

Jackson Park & Rec. 2018-2019

## MORNING TOT TIME PROGRAM

9am - 11:30am

Monday - Friday

Min. 12/Max. 30



TOT TIME kids become 4K "LEGACY STUDENTS", with the opportunity for early 4K registration!

For Ages 3-5

One of our most popular programs, designed to provide your child with a positive place to learn and grow through education & creative play. All children are exposed to a safe and nurturing environment with caring staff. Each session includes a weekly common theme with corresponding stories, art projects and educational material. You can't beat this high quality program for only \$1.80/hour, that's only \$4.50 per day! This program is perfect for preparing your child for the WBSD 4k Program at JACC.

**Instructors: Kim Marshall, Ann Marie DiGangi and Angie Jeske (summer)**

**CHILDREN MUST BE TOILET TRAINED.**



### REGISTRATION DEADLINE:

**1 week prior to the start date of each semester.**

Please be prepared to show Birth Certificate at the time of registration. **Kiddo's turning 3, new to Jackson or completing Potty Training may begin mid semester at a weekly pro-rated rate.**



### 2018 SUMMER MINI SEMESTER

**June 11 - August 17**

No Class: the week of July 2-6  
Location JACC Early Childhood Area

**9 Week Semester:** R:\$203.00/NR: \$253.00  
Resident 2nd Child \$178.00

### FALL SEMESTER

**September 10 - December 21**

No Class: Nov. 22 & 23  
(Thanksgiving Break)  
Location JACC Tot Room/Art Studio

**15 Week Semester:** R:\$338.00/NR: \$388.00  
Resident 2nd Child \$313.00

### WINTER/SPRING SEMESTER

**January 7 - May 24, 2019**

No Class the week of March 25-March 29  
(WBSD spring break)  
Location JACC Tot Room/Art Studio

**20 Week Semester:** R:\$450.00/NR: \$500.00  
Resident 2nd Child \$425.00

**Payments for the Fall & Winter semesters can be made in 2 installments.**

**The program is Monday-Friday only.**

**CODE: 1004**

\*There is a \$20 Late Pickup charge for every 15 minutes after the program end time.

**REGISTER: Online, In Person, Drop Box or Mail**  
**Questions Call (262) 677-9665**  
**jacksonparkrec.recdesk.com**



The Jackson Parks & Recreation Department is proud to serve the community as a West Bend School District 4K Partner Site! We are thrilled to have an exceptional staff that will help your child begin their educational journey! Come visit us, we'd love to meet you.

### 4K Enrollment for 2019-2020 School Year OPENS in February 2019

- \*Children Enrolled in the TOT TIME program will be considered "Legacy Students" with early 4K Registration in late January.
- \*ENROLL EARLY to ensure placement at the JACC - it fills quickly!
- \*Classes begin in September, 2019.
- \*4K is Monday - Thursday, we have (1) morning and (1) afternoon class.
- \*4K follows the West Bend School District Calendar.

**For More Information Contact:**  
**Kelly Valentino at the JACC**  
**(262) 677-9665 x103**  
**or**  
**Jackson Elementary School**  
**(262) 335-5475**

# Preschool Sports Fundamentals

## Peeeeeee Weeeeee Sports & More!

Our Pee Wee Sports Program gives children ages 3-5 and their parents, the opportunity to explore the world of sports with a step by step approach to make sports fun. The instructor teaches proper techniques and teaching hints to help parents be successful with kids at this age. You will then have the skills to continue to play and teach your child these techniques and hints. Equipment is provided unless noted in description.



**Instructor: Karie Gerke has a Masters Degree in Physical Therapy. She has over 10 years of experience working with parents, children and infants as a pediatric physical therapist.**

### PEE WEE BASKETBALL

Ages 3-5

You and your child will work on the basic concepts of passing, dribbling and shooting in this innovative class using miniature basketballs and lowered hoops. Each week new skills will be taught through games and play.

**Location: JACC**

Min. 15/Max. 25

**CODE: 1006**

Sess.	Dates	Day	Time	Fee
1	Oct 2-23	Tues	6-6:45 pm	\$28/NR\$42

### PEE WEE T-BALL/BASEBALL BASICS

Ages 3-5

Your child will learn the basics of how to hit, throw, catch and run using our Koosh balls and softer bats. Your child will get the best 1-on-1 instruction from the best teacher

**-YOU! PARTICIPANTS MUST BRING GLOVE.**

**Location: Hickory Lane Park**

Min. 15/Max. 25

**CODE: 1010**

Sess.	Dates	Day	Time	Fee
1	Apr 2-23	TUES	6-6:45 pm	\$28/NR \$42

### PEE WEE FITNESS FUN & GAMES

Ages 3-5

Are you and your child ready to expend some energy, get physically fit, and have a great time together? this class will consist of a variety of organized games and activities that everyone will enjoy. Come ready to run, jump, hop, crawl, walk, roll, throw, catch, kick, leap, laugh and learn! Be prepared to have FUN!

**Location: JACC**

Min. 15/Max. 25

**CODE: 1025**

Sess.	Dates	Day	Time	Fee
1	Nov 6 - 27	TUES	6-6:45 pm	\$28/NR\$42

### BEGINNER WRESTLING

Age 4-6 years

No wrestling experience needed. This instructional class is for kids who have never wrestled before in grades 4k/5k. We will learn some basic wrestling positions, techniques, drills, games and live wrestling. No wrestling specific gear is required. Opportunities for competition will be discussed with parents once practice begins. Competition is not required for beginner wrestling. We will have a total of 10 practices approximately 1 hour.

**Location: Slinger Elementary School or HS**

Min. 6/Max. 12

**CODE: 1022**

Sess.	Dates	Day	Time	Fee
1	Dec. 3 - Feb 17	TBA	6-7pm	\$40/NR\$60

\*This program fee includes a t-shirt.



### PEE WEE TENNIS

Ages 4-8

This program will spark an interest for tennis in your little one! Lower nets and softer/slower balls will plant the seeds of learning skills, techniques, terms and sportsmanship. Our #1 rule is: HAVE LOTS OF FUN!!

**\*\*\*Students must bring their own beginner racket.**



**Location: JACC**

Min. 15/Max. 25

**CODE: 1011**

Sess.	Ages	Dates	Day	Time	Fee
1	4 - 8	Jan 8 - 29	TUES	6-6:45pm	\$30/NR\$45

**Instructor: Karie Gerke has a Masters Degree in Physical Therapy. She is a USTA Certified Pee Wee Tennis Instructor.**



# Youth Enrichment - Art and Cooking



## QUALITY TIME IN THE KITCHEN (Child & Parent)

Ages 6-12

Come join us in this new, FUN instructional class that will give parents quality time with their children and a chance to learn something new together! We will bring you and your child into the kitchen and teach them to make fun, simple foods, kitchen safety, as well as how to read and follow recipes.

**Location: JACC**

Min.5/Max. 12

**CODE: 2047**

Sess.	Ages	Dates	Day	Time	Fee
1	6-12	Feb 25 - Mar 11	MON	6-8pm	\$35/NR\$52

\*\*Price of class is for 1 child and 1 adult. Cost for Extra Child is \$15 for child snack only.

**Registration Deadline: Feb 18**



## MOMMY & ME TOTS IN THE KITCHEN

Ages 3-5 & PARENTS

Does your preschooler love to 'help' in the kitchen? In this instructional class we will bring you and your child into the kitchen and teach them to make fun, simple foods, kitchen safety, as well as how to measure ingredients. We will finish each class with a tasting of our treats!

**Location: JACC**

Min. 5/Max. 10

**CODE: #1018**

Sess.	Dates	Day	Time	Fee
1	Feb 7 - 21	THURS	6-6:45pm	\$25/NR\$37

## ADVENTURES IN ART

Ages 5-8

In this instructional art class, you will have fun exploring the world of art. You'll create new and exciting projects each class session. Be sure to wear old clothes as you may get messy. Don't forget to invite your friends to sign up.

**Location: JACC**

Min.6/Max. 12

**CODE: 2018**

Sess.	Dates	Day	Time	Fee
1	Oct 9 - 30	TUE	6-6:45 pm	\$33/NR\$49
2	Mar 5 - 26	TUE	6-6:45 pm	\$33/NR\$49



## ELEMENTS OF ART

Ages 9-14

Are you interested in learning how to paint? Would you like to improve your drawing ability? In this instructional class you will be able to learn and expand the skills and abilities you already have. Join us as we explore different avenues of art. All supplies will be provided.

**Location: JACC**

Min.6/Max. 12

**CODE: 2009**

Sess.	Dates	Day	Time	Fee
1	Oct 9 - 30	TUE	7-7:45 pm	\$33/NR\$49
2	Mar 5 - 26	TUE	7-7:45 pm	\$33/NR\$49

## KIDS HOLIDAY COOKIE BAKING/ DECORATING CLASS

Ages 7-12

Mark the days before santa's arrival with these adorable holiday sweets. We trimmed a lot of baking steps so kids can get to the favorite parts - decorating and eating! The kitchen will be overflowing with homemade treats and happy children in no time. Just bring a container for your goodies!

**Location: JACC**

Min.6/Max. 12

**CODE: 0014**

Sess.	Dates	Day	Time	Fee
1	Dec. 11	TUES	6-8 pm	\$15/NR\$23



# Youth Enrichment - Art and More



## INTRO TO CARTOONING

Ages 7-16

**\*\*NEW LESSONS each time!**

Author and Artist, Greg Reich is back for another season of

CARTOONING LESSONS. Learn Manga, Anime, Super heroes, and even Classic cartoon styles in these action packed lessons. New lessons are taught with each season - so register for them all! Mr. Reich will bring his creative, and humorous lessons on how to draw today's cutting edge cartoon characters to life on the drawing board for the young artist.

*\*Students must purchase and bring their own 9x12 sketch book and pencils.*

**Location: JACC**

Min.4/Max. 10

**CODE: 2010**

Sess.	Dates	Day	Time	Fee
1	Sept 6 - Oct 27	TH	6-7 pm	\$22/NR\$33
2	Oct 4 - Nov 25	TH	6-7 pm	\$22/NR\$33
3	Nov 1 - 29	TH	6-7 pm	\$22/NR\$33
4	Jan 10 - 31	TH	6-7 pm	\$22/NR\$33
5	Feb 14 - March 7	TH	6-7 pm	\$22/NR\$33
6	March 21 - Apr 11	TH	6-7 pm	\$22/NR\$33

**NO CLASS NOV. 22**

## MAKE & TAKE SIGN PARTY

by Life Expressions

Ages 8-13

Jackson Parks & Rec has teamed up with Life Expressions Decor to bring the fun of sign making to you! Let's have some arts and crafts fun and make something you will be proud to hang on the wall for a long time. In this instructional class each child will paint a board and apply lettering. We will explore some fun and easy painting techniques. Every child goes home with a masterpiece that is wall worthy! NOTE: Wear painting clothes, we will be using acrylic paints. Price of class includes wood sign, paint, supplies and facility fees. Sign tentatively scheduled to make will say: **"Be Bold, Be Brave, Be You"**.

**Location: JACC**

Min. 3/Max. 12

**CODE: 2018**

Sess.	Dates	Day	Time	Fee
1	Dec 6	TH	6-7:30pm	\$25/NR\$37
2	Feb 14	TH	6-7:30pm	\$25/NR\$37

Registration Deadline: Nov 26 & Feb 4



## Painting with Style

Ages 7-9



In this instructional class you will learn about some of the most famous artists and their techniques, as you discover your own unique style. We will be creating a new painting each week, as we explore basic shapes and techniques that will highlight your personal creative style. This class is designed for those that may have a lot of experience in canvas painting or none at all. After each class you will have your own masterpiece to take home! This class is taught by Sonya Behan, MSW. Sonya has taught children and adults the basics of art over the past 20 years, while empowering them to find their own unique style. Currently, Sonya teaches art to various school age children through the Young Rembrandts art program in Milwaukee and Washington Counties. Be sure to wear clothes that you don't mind getting paint on. All supplies for this class are provided.

**Location: JACC**

Min. 5/Max. 10

**CODE: 2009**

Sess.	Dates	Day	Time	Fee
1	Nov 1 -15	TH	7-8pm	\$30/NR\$45
2	Jan 10 - 24	TH	7-8pm	\$30/NR\$45
3	Apr 4 - 18	TH	7-8pm	\$30/NR\$45



# Youth Enrichment - Exceptional Dance



## LET'S DANCE

Classes for Ages 4-12

**LOCATION:**  
JACC, Dance Studio

Join our in-house dance and fitness instructor Wendy Iverson as she develops a new and improved dance program in the Jackson Community. Her contagious energy and passion for dance will ignite the inner dancer in your child through skill development and FUN!

**MIN 5/MAX 12 PER CLASS**

**CLASS UNIFORM:** T-shirt is included in the price of the class

**PERFORMANCE DATES:**

\*\*\*Performance Times and Details will be announced in class.

**NO CLASSES  
NOVEMBER 21**

### Creative Movement & Pre-Ballet CODE: # 2016

*In This fun-filled creative movement class, dancers will be challenged through a variety of games, activities and exercises to improve eye-hand coordination, flexibility and confidence! Dancers will learn a short routine and work on a variety of skills including skipping, hopping, weight changes and more! This intro class develops rhythm, balance, and coordination.*

**\*\* PARENTS MUST STAY WITH CHILD FOR THE 2-3 YEAR OLD CLASS.**

Sess.	Age	Dates	Day	Time	Fee
2	2-3 yrs	Jan. 9 - Mar 13	WED	5:15-5:45pm	\$60/NR\$90
2	2-3 yrs	Jan. 9 - Mar 13	WED	4:45-5:15pm	\$60/NR\$90
3	2-3 yrs	Apr 3 - June 5	WED	5:15-5:45pm	\$60/NR\$90
3	2-3 yrs	Apr 3 - June 5	WED	4:45-5:15pm	\$60/NR\$90
2	4-5 yrs	Jan 9 - Mar 13	WED	5:45-6:15pm	\$60/NR\$90
3	4-5 yrs	Apr 3 - June 5	WED	5:45-6:15pm	\$60/NR\$90



### Pom, Hip Hop & Jazz CODE: # 2051

*Dancers will learn pom, jazz and ballet technique while learning a short routine. Through this class, dancers will develop dance technique and improve on memory, coordination, balance and core strength.*

Sess.	Age	Dates	Day	Time	Fee
2	6-12 yrs	Jan. 9 - Mar 13	WED	6:15-7pm	\$60/NR\$90
3	6-12 yrs	Apr 3 - June 5	WED	6:15-7pm	\$60/NR\$90



### Baton Twirl and Dance CODE: # 2052

*Each week dancers will learn different dance baton movements. This class will build coordination and technique. This instructional class is for those who like to dance and have fun. Students must purchase their own Baton.*

Sess.	Age	Dates	Day	Time	Fee
2	7-12 yrs	Jan. 9 - Mar 13	WED	7-7:45pm	\$60/NR\$90
3	7-12 yrs	Apr 3 - June 5	WED	7-7:45pm	\$60/NR\$90



### Tap Class CODE: # 2014

*Dancers will learn different dance tap movements. This class will build cooperation and technique. Students must purchase their own tap shoes.*

Sess.	Age	Dates	Day	Time	Fee
2	4-7 yrs	Jan. 9 - Mar 13	WED	4:15-4:45pm	\$60/NR\$90
3	4-7 yrs	Apr 3 - June 5	WED	4:15-4:45pm	\$60/NR\$90



# Youth Enrichment - Science & More



## LEGO MANIA

Ages 7-12

Come join Computer Explorers as they step you into the STREAM Zone (Science, Technology, Reading, Engineering, Arts & Math) and sample some of the newest technology programs. This instructional program covers it all! This class will explore different concepts which could include: Coding, Robotics & Engineering with LEGO Educational kits, Video Game Design, Catapults, Digital Movie Making, LOGO Programming, GPS, Snap Circuits, Creative Writing, Art Exploration and much more! This class is guaranteed to be 100% FUN!

**Location: JACC**

Min. 8/Max. 16

**CODE: 2023**

Sess.	Dates	Day	Time	Fee
1	March 16	SAT	9am - Noon	\$45/NR\$69

**Learning Fun  
Brought To You  
By: COMPUTER  
EXPLORERS**



## KIDS CARDIO FITNESS FUN

Ages 8-13

This class is 45 minutes of upbeat cardio fun! This instructional workout is the mix of kickboxing, drumsticks, balls, hoops and more.

It's so much fun it doesn't feel like exercise. Getting a fit, strong body at an early age, is the only way to go. Start young to promote a healthy lifestyle.

\*Parents, you can join the fitness center and workout while your kiddo's learn the value of "Fitness Fun"!

**Location: JACC**

Min. 5/Max. 12

**CODE: #2062**

Sess.	Dates	Day	Time	Fee
1	Oct 13 - Nov 17	SAT	10-10:45am	R:\$40/NR:\$60
2	Dec 1 - Jan 5	SAT	10-10:45am	R:\$40/NR:\$60
3	Jan 19 - Feb 23	SAT	10-10:45am	R:\$40/NR:\$60
4	Mar 9 - Apr 13	SAT	10-10:45am	R:\$40/NR:\$60
5	Apr 27 - June 1	SAT	10-10:45am	R:\$40/NR:\$60

## LIVE YOUR BEST LIFE VISION BOARD WORKSHOP

Ages 16 +

If you are not where you thought you would be in life, not happy in any way about how you live each day, or simply feel that you need a change, but don't know where to start, then this workshop will help you gain clarity, and time to really look at what you want and take the action steps to manifesting your best life! Everyone from Katy Perry to Oprah Winfrey have intentionally created outcomes in their lives with this simple tool: Vision Boards! This instructional half day workshop will focus on what you want to be, do, or have in your life. Instructor Sonya Behan, MSW, has been a Social Worker for over 23 years and has used Vision Boards of over 15 years! Please note there are also 3 additional hour long classes to help encourage and support your goals and dreams! \*All supplies will be provided, except personal pictures you may wish to use.



**Location: JACC**

Min 5/Max 10

**CODE: 3062**

Sess.	Dates	Day	Time	Fee
1	Feb 16, 21, 28 & Mar 7	SAT	9-1pm	\$125/NR\$187

**PLEASE REGISTER EARLY,  
to help the instructors prepare and  
to avoid class cancellations.**





# Youth Social & Safety, and Babysitting

## EMPOWERMENT

Ages 7-10

Give your child the gift of being able to stand up for themselves. In this instructional class through discussions, games & team building exercises we will work on sportsmanship, respect, conflicts, listening and emotions like anger. Is your child aggressive or passive? Our end goal is to be assertive.

**Location:** Slinger Village Hall Board Rm.  
300 Slinger Road

Min. 6/Max. 15 **CODE: 2065**

Sess.	Dates	Day	Time	Fee
1	April 11, 18, 25 & May 2	TH	6-7pm	\$20/NR\$35

## SOCIAL SMARTS

Ages 5-8

Your child's self-esteem will soar as they work on manners, social skills and learning responsibility through team exercises & games. They will learn to win & lose gracefully, how to deal with their emotions and feelings, know when & how to be constructively assertive and how to show respect to themselves and others.

**Location:** Slinger Village Hall Board Rm.  
300 Slinger Road

Min. 6/Max. 15 **CODE: 2064**

Sess.	Dates	Day	Time	Fee
1	Feb 6 - Mar 6	WED	6-7pm	\$30/NR\$45

## STAY HOME ALONE

Ages 8-12

Put your mind at ease as your child gains independence and self confidence. This class will guide your child through all the stages of staying safe from being out in the community, getting home safe and all the safety tips while home alone. Topics covered are stranger dangers, buddy system, dangers of the internet, 911, basic first aid, fire safety and much more!

**Location:** Slinger Village Hall Board Rm.  
300 Slinger Road

Min. 6/Max. 15 **CODE: 2020**

Sess.	Dates	Day	Time	Fee
1	Nov 5-14	M&W	6 - 7pm	\$30/NR\$45



## SMART SITTERS BABYSITTING BASICS

Ages 11-13

This babysitting certification course is created especially for kids and teens ages 11 and

up who are interested in becoming babysitters. Taught in full compliance with the most up to date American of Pediatrics and American Safety & Health Institute curriculums, this course includes safety, basic childcare, strategies to plan ahead to avoid the most common baby-sitting problems, as well as guidelines for building strong lasting relationships with your clients. Curriculum Development for Smart Sitters was developed by Dr. R. Shannon Duval, PHD. Dr. Duval and Sonja Kister, MSW will be instructing this class.

**Location: JACC**

Min.4/Max. 12

**CODE: 2021**

Sess.	Dates	Day	Time	Fee
1	Nov 3	SAT	8:30 - 11:30am	\$50/NR\$75
2	Feb 9	SAT	8:30 - 11:30am	\$50/NR\$75
3	Mar 9	SAT	8:30 - 11:30am	\$50/NR\$75

## RED CROSS BABYSITTER'S TRAINING COURSE



**American  
Red Cross**

Ages 11+

This instructional course trains students how to supervise children in the absence of parents or guardians. The students learn safety, leadership and how to handle challenges. First aid along with lifesaving techniques for bleeding and breathing emergencies will be taught. The fee includes books and supplies.

**Location: Hartford Recreation Center**

Min. 4/Max. 6

**CODE: 2020**

Sess.	Dates	Day	Time	Fee
1	Oct 20	SAT	8:30-4:00 pm	\$75/NR\$112

**\*\*DEADLINE for registration is 1 week prior to class!**

\*Please bring a bag lunch



# Youth Winter Fun



## LEARN TO SKATE AT KETTLE MORAINE FIGURE SKATING

### SNOW PLOW SAM 1

**Ages 3-5 CODE: # 1024**

The Snowplow Sam levels are introductory classes divided into four progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These instructional classes are designed to help children six and younger develop the ABCs of movement – Agility, Balance, Coordination and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating fun and games making class time an enjoyable experience for all. Rental Skates provided for use during lessons. There will be an off-ice orientation prior to the first class. Sweatpants, a jacket or sweater, ordinary socks, and gloves and helmet are required.

### BASIC 1 FUNDAMENTALS

**Ages 6+ CODE: #2049**

In this instructional class Basic Skills teaches the FUNDamentals of ice skating and provides the best foundation for figure skating, hockey, and speed skating. All classes will be well-structured with the focus on proper skill development taught in a positive, FUN, and social environment. Discover, Learn and Play – Basic 1: These introductory levels allow new skaters with no prior skating experience to build confidence while learning to skate.

#### SNOW PLOW & BASIC 1 DATES

**Location: Kettle Moraine Ice Center**  
2330 South Main St., West Bend

Min.6/Max. 12 **No Classes 12/23 & 12/30**

Sess	Dates	Day	Time	Fee
1	Oct 21 - Nov 25	SUN	5:15-6pm	\$115/NR\$170
2	Dec 2 - Jan 20	SUN	5:15-6pm	\$115/NR\$170

ALL REGISTRATIONS INCLUDE: lessons, skates and learn to skate membership.  
*Schedule subject to change.*



## LITTLE SWITZERLAND'S 4-TIME LEARNING PROGRAM

Ages 7+

**Dec. 13, 20 and Jan 3, 10**

**Thursday Evenings**

*Arrive 30 prior to class if renting equipment*

**Held at Little Switzerland - 105 Cedar Creek Road, Slinger, WI 53086**

Little Switzerland wants to show you how easy and fun it is to participate in their 4-Time Learning Program. Youth will learn the correct way to enjoy a lifelong sport, which will keep them fit and active each winter. Little Switzerland's program is designed to truly teach the sport. The instructors will work closely with the kids to ensure they are developing the basic skills needed to successfully learn the sport of skiing & snowboarding. The kids will have 4 consecutive weeks of lessons and additional time to practice their new skills, and have fun with their friends on the hill. After completion of the program a discount card will be available for additional days for skiing and snowboarding. **YOU MUST REGISTER AT THE JACKSON AREA COMMUNITY CENTER. We recommend appropriate dress and goggles.**

**\*\*SIGNATURES ON WAIVERS ARE REQUIRED UPON REGISTRATION IF RENTING SKIS OR SNOWBOARDS.**

(Lessons Include: 4 weeks of lessons for 1 hour each week and lift ticket. Lessons that include rentals will also include the equipment needed. Participants that complete all 4 lessons will receive a special "Loyalty Discount Card").

**CODE: #2042**

#### Ski Lessons:

Beginners 5:30 - 6:30pm - R:\$102/NR:\$152  
Intermediate 6 - 7pm- R:\$134/NR\$199

#### Ski Lessons with Ski Rental:

Beginners 5:30-6:30pm - R:\$142/NR:\$210  
Intermediate 6 - 7pm - R:\$194/NR: \$289

#### Snowboard Lessons:

Beginners 5:30 - 6:30pm - R:\$102/NR:\$152  
Intermediate 6 - 7pm- R:\$134NR:\$199

#### Snowboard Lessons with Brd Rental:

Beginners 5:30 - 6:30pm - R:\$162/NR:\$243  
Intermediate 6 - 7pm - R:\$194/NR:\$289



# Youth Basketball & Archery

## ANNUAL YOUTH FREE THROW CONTEST

Saturday, February 16  
10am to 11am

at the Jackson Area Community Center Gym  
3rd, 4th & 5th grade

**CODE: 0020**

Presented by:

West Bend Optimist Club

Jackson Parks & Recreation Dept. and West Bend  
Parks, Recreation & Forestry

SEPRC (South Eastern Parks & Recreation  
Council)



## LITTLE SHOOTERS YOUTH BASKETBALL

Ages 6-8

Learn skills, drills and fundamentals in this instructional program. The focus will be on introducing youngsters to the sport of basketball and sportsmanship. Help your children to learn a healthy lifestyle with more socialization and exercise!

Location: JACC

Min. 8/Max. 15

**CODE: #2036**

Sess.	Dates	Day	Time	Fee
1	Feb 5 - Feb 26	TUE	6-6:45pm	\$30/NR\$45

Do you think your free throw shots are something to talk about? Are you up for a fun event? No matter the case, this FREE THROW CONTEST is for you! All contestants must be in 3rd through 5th Grade with each grade and gender competing in their own division. The finalists from each division will qualify for the Southeastern Wisconsin Free Throw Championships at West Allis Central High School (date to be announced). Get practicing JACKSON - it's time to bring home the trophy! **REGISTRATION IS REQUIRED by Feb. 5, 2019**



## INDOOR YOUTH ARCHERY LESSONS

Presented By: Slinger  
Police Department

Ages 6-14

Learn the basic fundamentals and techniques of archery no matter your experience level. The bows and arrows will be supplied but you may bring your own. These classes will be taking place at the Slinger DPW Garage. The instructor will be from the Slinger Police Department.

Location: **Slinger DPW Garage,  
220 Slinger Road, Slinger 53086**

Min. 3/Max. 5

**CODE: #2043**

Sess.	Ages	Dates	Day	Time	Fee
1	6-10	Mar 2-23	SAT	9:30-10:30am	\$45/NR\$65
2	11-14	Mar 2-23	SAT	10:30-11:30am	\$45/NR\$65



## BADGES, BOWS & ARROWS - Keeping Kids Aiming Straight with the Slinger Police Department

Presented By: Slinger Police Department  
Ages 6-14

This program is designed to get kids focused on archery rather than drugs and crime. The idea is to challenge our kids and teach them the meaning of teamwork, integrity and respect for others. The Slinger Department of Public Works has offered the use of their garage as an archery range. Afterwards participants will receive a drink and snack. First time participants will receive a t-shirt. The instructor will be from the Slinger Police Department.

Location: **Meet at the Slinger  
Village Hall Board Room,  
300 Slinger Rd, Slinger 53086**

Min. 3/Max. 5

**CODE: #2041**

Sess.	Dates	Day	Time	Fee
1	Dec 27	TH	1-3pm	\$10/NR\$15
2	April 25	TH	1-3pm	\$10/NR\$15

**PLEASE REGISTER EARLY,  
to help the instructors prepare and  
to avoid class cancellations.**

**Easy Online Registration At:  
jacksonparkrec.recdesk.com**

# Youth Baseball & Soccer

## BASEBALL/SOFTBALL SKILLS CAMP

### 4 Camp Super Series

**Presented By: Jackson Area Youth Baseball Assoc.**

Ages 4-8

The Jackson Parks & Recreation Dept. in cooperation with JAYBA is offering an off-season, Co-Ed baseball/softball skills camp for kids ages 4 - 8 years old. This instructional program will consist of 4 two hour hands-on instructor led classes.

The course objectives are to teach and reinforce the fundamental skills kids need to play baseball/softball. Also we will work with each child individually to teach them the necessary skills to help them transition to the next level. Athletes will benefit from each of the four sessions of the program. In-person registration and uniform fitting will also be held on Feb. 9 during the camp for those wishing to register for the Spring/Summer JAYBA Leagues.

**Registration for JAYBA opens January 1, 2019, [www.jayba-wi.com](http://www.jayba-wi.com).**

**Location: JACC**

Min. 10/Max. 30

**CODE: #2063**

Sess.	Ages	Dates	Day	Time	Fee
1	4-8	Jan. 5, 12, 19 & Feb. 9	SAT	12-2pm	\$40/NR\$60

Registration Deadline: Dec. 29



## BASEBALL/SOFTBALL TRANSITION CAMP

### 4 Camp Super Series

**Presented By: Jackson Area Youth Baseball Assoc.**

Ages 8-11

The Jackson Parks & Recreation Dept. in cooperation with JAYBA is offering an off-season, Co-Ed baseball/softball transition camp for kids ages 8 - 11 years old. This instructional program will consist of 4 two hour hands-on instructor led classes. The transition from the Rookies level (machine

pitch) to Junior Girls or Boys can be a challenge, we want to help. We will work with each child individually to teach them the necessary skills to help them transition to the next level. The course objectives are to teach and reinforce the fundamental skills kids need to transition to the next level including; pitching, hitting, and base-running skills. Athletes will benefit from each of the four sessions of the program. In-person registration and uniform fitting will also be held on Feb. 9 during the camp for those wishing to register for the Spring/Summer JAYBA Leagues.

**Registration for JAYBA opens January 1, 2019, [www.jayba-wi.com](http://www.jayba-wi.com).**

**Location: JACC**

Min. 3/Max. 5

**CODE: #2063**

Sess.	Ages	Dates	Day	Time	Fee
1	8-11	Jan. 5, 12, 19 & Feb. 9	SAT	4-6pm	\$40/NR\$60

Registration Deadline: Dec. 29



## SOCCKER SKILLS CAMP

**Presented By: The Jackson Area Youth Soccer Assoc.**

Camps for ages 4-7 and 8-13

The Jackson Parks & Rec Dept. in cooperation with the Jackson Area Soccer Assoc. is offering off-season, Co-Ed soccer skills camp for youth in the U6-U14 soccer divisions. These instructional skills camps will help your child work on their soccer skills. The main focuses will be on dribbling, passing and shooting. The first half hour will concentrate on specific skills, the last half hour we will scrimmage based on levels. Participants need to bring tennis shoes, shin guards and a soccer ball.

[jacksonareclubsoccer.org](http://jacksonareclubsoccer.org)

**Location: JACC**

Min. 10/Max. 32

**CODE: 2067**

Sess.	Age and Skill Level	Dates	Day	Time	Fee
1	4-7 yrs, U6-U8	Jan. 4-25	FRI	5-6pm	\$40/NR\$60
2	8-13 yrs, U9 - U14	Jan. 4-25	FRI	6-7pm	\$40/NR\$60

Registration Deadline: Dec. 28





# Youth/Adult Martial Arts & Piano

## Lil Dragons

Ages 4-6

This instructional class provides a very visual and dynamic method of learning martial arts and social skills. In this class, we will teach kids through a "fun" manner. Leadership skills (creating leaders who are not followers), as well as self confidence, respect, self esteem, concentration and conflict management will be taught.

**Location: JACC**

**\*A Required \$40.00 uniform fee must be paid to the instructor at the first class.**

Min. 5/Max. 20

**CODE: 2017**

**NO CLASS Dec 24 & 31**



## TAE KWON DO Youth and Adult

Ages 7-Adult

This program will focus on developing practical, effective and realistic personal safety, goal setting and social skills. Physical Fitness (strength, endurance, flexibility and balance), as well as Mental Fitness (confidence, self esteem, discipline, concentration, conflict and stress management) will be taught.

**Location: JACC**

**\*A Required \$40.00 uniform fee must be paid to the instructor at the first class.**

Min. 5/Max. 20

**CODE: 2024**

**NO CLASS Dec 24 & 31**

Sess.	Dates	Day	Time	Fee
1	Sept 24 - Nov 12	MON	5:30 - 6pm	\$60/NR\$90
2	Nov 19 - Jan 21	MON	5:30 - 6pm	\$60/NR\$90
3	Feb 4 - Mar 25	MON	5:30 - 6pm	\$60/NR\$90
4	Apr 1 - May 20	MON	5:30 - 6pm	\$60/NR\$90

Sess.	Dates	Day	Time	Fee
1	Sept 24 - Nov 12	MON	6:10-7:10pm	\$60/NR\$90
2	Nov 19 - Jan 21	MON	6:10 -7:10pm	\$60/NR\$90
3	Feb 4 -Mar 25	MON	6:10 -7:10pm	\$60/NR\$90
4	Apr 1 - May 20	MON	6:10 -7:10pm	\$60/NR\$90

## PIANO LESSONS

Ages 6 thru Adult

These instructional piano lessons are for both the beginning piano student and the student who wants to increase their skills. Students will learn note identification, rhythm and playing their very first songs. Sessions are a half hour in length, once a week, for 4 weeks.

- \* Lessons are available at 6:00pm, 6:30pm, 7:00pm and 7:30pm.
- \* Please call Renee at (262) 677-9665 to schedule your lessons.
- \* MAX of 1 student per 1/2 hour session - NO exceptions.
- \* Students will need to purchase the lesson book the first week of class from the instructor.

**Location: JACC CODE: 2019**

Sess.	Dates	Day	Time	Fee
1	Sept 26 - Oct 17	WED	by appt	\$70/NR\$105
2	Oct 22 - Nov 12	MON	by appt	\$70/NR\$105
2	Oct 24 - Nov 14	WED	by appt	\$70/NR\$105
3	Jan 7 - 28	MON	by appt	\$70/NR\$105
3	Jan 9 - 30	WED	by appt	\$70/NR\$105
4	Feb 11 - Mar 4	MON	by appt	\$70/NR\$105
4	Feb 13 - Mar 6	WED	by appt	\$70/NR\$105
5	Mar 18 - Apr 8	MON	by appt	\$70/NR\$105
5	Mar 20 - Apr 10	WED	by appt	\$70/NR\$105
6	Apr 22 - May 13	MON	by appt	\$70/NR\$105
6	Apr 24 - May 15	WED	by appt	\$70/NR\$105



**Easy Online Registration At:  
jacksonparkrec.recdesk.com**

# Adult Fitness For All



## MIND BODY MOVEMENT

Ages 18+

In this workout we will be focusing on making that mind body connection with the use of Bender Balls and resistance bands. The movements will be slow and controlled with extra focus on the core. We'll start with light cardio moves to warm up the body and then work into moves that will tone your body and test your balance. Balls and resistance bands will be supplied.

**Location: JACC**

**\*\*\*Please bring a mat & water to class.**

Instructed by Brenda Mundt, PT and owner of "Fit4You", LLC.

Min. 5/Max. 20

**CODE: 3061**

Sess.	Dates	Day	Time	Fee
1	Oct 6 - Nov 17	SAT	9-10am	\$55/NR\$83
2	Jan 12 - Feb 16	SAT	9-10am	\$55/NR\$83
3	March 2 - Apr 6	SAT	9-10am	\$55/NR\$83

\*No Class Oct 13



## HEALTHY HABITS IN THE MAKING

Fueled by One Day To Wellness

Ages 18+

### 10 Steps to Take to Transition to a Healthier You

This workshop is jam-packed with easy steps to take to transition to a healthier you. Each step is backed by science and research and sustainable tips to succeed. Just implementing one step will create positive change. Think about what would happen if you implemented all ten. The health of you and your family will thank you.

**Location: JACC**

**\*\*\*Please wear comfortable clothing, there won't be a formal workout but we will be moving around.**

Instructed by Brenda Mundt, PT and owner of "Fit4You", LLC.

Min. 5/Max. 20

**CODE: 3061**

Sess.	Dates	Day	Time	Fee
1	Oct 25	TH	6-7pm	\$30/NR\$45
2	Jan 10	TH	6-7pm	\$30/NR\$45
3	March 14	TH	6-7pm	\$30/NR\$45

## KICK, PUNCH & CRUNCH

Ages 18+

This instructional program is designed to meet the needs of various ages and fitness levels. You'll be challenged to push yourself mentally and physically to interval train as well as strength train using kickboxing equipment. If you invest yourself in this program you will become stronger physically & mentally, and you will have a new found respect for working hard and being proud of your accomplishments.

**Instructed by Brenda Mundt, PT and owner of "Fit4You", LLC.**

**Location: JACC**

Min. 4/Max. 15

**CODE: 3014**

Sess.	Dates	Day	Time	Fee
1	Oct 1 - 22	MON	6-7pm	\$33/NR\$49
2	Oct 29 - Nov 19	MON	6-7pm	\$33/NR\$49
3	Jan 7 - 28	MON	6-7pm	\$33/NR\$49
4	Feb 4 - 25	MON	6-7pm	\$33/NR\$49
5	Mar 11 - Apr 1	MON	6-7pm	\$33/NR\$49
6	Apr 15 - May 6	MON	6-7pm	\$33/NR\$49



**PLEASE REGISTER EARLY, to help the instructors prepare and to avoid class cancellations.**



# Adult Fitness For All

Coming to the **Jackson Recreation Department**  
this fall!

Morning and afternoon class will be offered!  
Contact Stefanie Kowaleski at 262-893-8620 or email at  
livellafitness@gmail.com



**START FOR \$10**

SEPTEMBER 1 - SEPTEMBER 30

TAKE BACK YOUR SCHEDULE AND WORK IN YOUR "ME" TIME.  
SIGN UP NOW AT [JAZZERCISE.COM/BACKTOYOU](http://JAZZERCISE.COM/BACKTOYOU)



Restrictions apply. See [jazzercise.com/backtoyou](http://jazzercise.com/backtoyou) for details.

## CLASSES STARTING SEPT. 17

Mon. & TH 4:30-5:30pm

T, TH & Sat. 7:45-8:45am

## REGISTER FOR JAZZERCISE AT:

[WWW.JAZZERCISE.COM](http://WWW.JAZZERCISE.COM)

## NO JAZZERCISE CLASSES:

Nov. 22, Dec. 24 & 31,  
Jan. 1 and May 27



## **BEGINNING YOGA**

**Presented by Copper Tree Yoga Studio and Wellness Center**

Ages 16+

Join this ALL NEW class with instructors from Copper Tree Wellness Studio. The class will focus on quieting the mind, proper breathing techniques and alignment of the body. We will work on a series of gentle yoga "Heart Solutions" then further focus on lengthening and strengthening problem areas, such as the back, hips, "desk jockey shoulders" and letting go of every day stress and tightness and encourage healing and well being. Anyone with current injuries should consult their physician. Please bring a yoga mat and a beach size towel. Dress lightly for easy movement and feel free to bring water.

**Location: JACC**

Min. 6/Max. 20

**CODE: 3027**

Sess.	Dates	Day	Time	Fee
1	Oct 23 - Nov 27	TUES	6-7:15pm	\$44/NR\$66
2	Dec 11 - Jan 29	TUES	6-7:15pm	\$44/NR\$66
3	Feb 12 - Mar 19	TUES	6-7:15pm	\$44/NR\$66
4	Apr 2 - May 7	TUES	6-7:15pm	\$44/NR\$66
5	May 21 - June 25	TUES	6-7:15pm	\$44/NR\$66

No Class Dec. 25 and Jan. 1



# Adult Fitness - Yoga

## CARDIO MIX UPBEAT

Ages 16+

This 6 week class will consist of all floor exercise - toning, strengthening and tightening - abs, gluts, legs and more all done to fun music. All you need is your own mat and if you really want a tough workout bring weighted boxing gloves, if you dare! This class is a must, so get ready to melt the inches away. This class is taught for all skill levels.

**Instructed by Wendy Iverson.**

**Location: JACC**

Min. 5/Max. 12

**CODE: 3057**

Sess.	Dates	Day	Time	Fee
1	Sept 1 - Oct 6	SAT	9-10am	\$40/NR\$60
2	Oct 13 - Nov 17	SAT	9-10am	\$40/NR\$60
3	Dec 1 - Jan 5	SAT	9-10am	\$40/NR\$60
4	Jan 19 - Feb 23	SAT	9-10am	\$40/NR\$60
5	Mar 9 - Apr 13	SAT	9-10am	\$40/NR\$60
6	Apr 27 - June 1	SAT	9-10am	\$40/NR\$60
<hr/>				
1	Oct 2 - Nov 6	TUES	6-7pm	\$40/NR\$60
2	Nov 13 - Dec 18	TUES	6-7pm	\$40/NR\$60
3	Jan 8 - Feb 12	TUES	6-7pm	\$40/NR\$60
4	Feb 26 - Apr 2	TUES	6-7pm	\$40/NR\$60
5	Apr 16 - May 21	TUES	6-7pm	\$40/NR\$60



## PUMP ME UP

Ages 18+

This challenging one hour instructional class works the entire body. With hand held weights - trim, tone and reshape your body. This class is a must to build needed muscle strength. Done to fun music, learn proper form, starting with small weights and working your way up. Please bring your own weights. This is a head to toe workout.

**Instructed by Wendy Iverson.**

**ADD SOME MUSCLE TO YOUR BODY  
AND BURN OFF THE FAT!**

**Location: JACC**

Min. 5/Max. 12

**CODE: 3058**

Sess.	Dates	Day	Time	Fee
1	Sept 27 - Nov 1	TH	6-7pm	\$40/NR\$60
2	Nov 8 - Dec 20	TH	6-7pm	\$40/NR\$60
3	Jan 10 - Feb 14	TH	6-7pm	\$40/NR\$60
4	Feb 28 - Apr 4	TH	6-7pm	\$40/NR\$60
5	Apr 18 - May 23	TH	6-7pm	\$40/NR\$60

\*NO CLASS Nov. 22



## CARDIO HOOP MIX LITE

Ages 18+

**This is a great class for those 50 and over.**

This **low impact** instructional class is a fun combination of many exercises. Dance, drum, kick and spin off the inches using a weighted hula hoop, small ball, and weights, constantly changing up the muscle group. This class is fun, yet challenging! Please bring your own mat and water bottle. **Instructed by Wendy Iverson.**

**Location: JACC**

Min 5/Max 12

**CODE: #3059**

Sess.	Dates	Day	Time	Fee
<b>TUESDAY ONLY CLASS</b>				
1	Sept 25 - Oct 30	TUES	9-10am	R\$30/NR\$45
2	Nov 6 - Dec 11	TUES	9-10am	R\$30/NR\$45
<b>THURSDAY ONLY CLASS</b>				
1	Sept 27 - Nov 1	TH	9-10am	R\$30/NR\$45
2	Nov 8 - Dec 20	TH	9-10am	R\$30/NR\$45
3	Jan 10 - Feb 14	TH	9-10am	R\$30/NR\$45
4	Feb 28 - Apr 4	TH	9-10am	R\$30/NR\$45
5	Apr 18 - May 23	TH	9-10am	R\$30/NR\$45

\*NO CLASS Nov. 22



# Adult Fitness For All

## ZUMBA FITNESS

Ages 16+  
 (12-15 with a parent)  
 Instructed by Caitlin Lams



Party yourself into shape!!! Zumba is FUN and easy to do. Let your body move to Latin rhythms while you melt away the calories and feel great. No experience necessary.

**Location: JACC**

Min. 8/Max. 25

**CODE: 3028**

**No Class: Sept 25, Oct 23 & 30**

Sess.	Dates	Day	Time	Fee
1	Nov 6 - Dec 11	TUES	7-8pm	\$30/NR\$45
2	Jan 8 - Feb 12	TUES	7-8pm	\$30/NR\$45
3	Feb 26 - Apr 2	TUES	7-8pm	\$30/NR\$45
4	Apr 16 - May 21	TUES	7-8pm	\$30/NR\$45



### DOUBLE THE ZUMBA FUN WITH 2X PER WEEK

1	Nov 6 - Dec 13	T & TH	7-8pm	\$45/NR\$67
2	Jan 8 - Feb 14	T & TH	7-8pm	\$45/NR\$67
3	Feb 26 - Apr 4	T & TH	7-8pm	\$45/NR\$67
4	Apr 16 - May 23	T & TH	7-8pm	\$45/NR\$67

**NOW WITH A 2X PER WEEK OPTION!!**

## CO-ED INDOOR VOLLEYBALL LEAGUES Ages 18+



FALL LEAGUES beginning in Oct. and WINTER LEAGUES beginning in Jan.

This team sport requires a team of six players. At least two female and two male teammates must be on the court at all times during the game. This league must have at least four teams to run. Full concessions are available each week. **All fees are per team.**

\*REGISTRATION DEADLINE is 2 weeks prior to start date.

**Location: JACC**

Min. 8/Max. 15

Dates	Day	Time	Fee	CODE
Oct 10	WED	6-10pm	\$100/team	3024
Jan 9	WED	6-10pm	\$100/team	3024

Games are scheduled between 6pm and 10pm.



**PLEASE REGISTER EARLY, to help the instructors prepare and to avoid class cancellations.**

# Adult Pickleball & CPR

## AMERICAN HEART ASSOCIATION Heart Saver CPR CERTIFICATION Ages 15+

This instructional course teaches Adult and Child/Infant Cardiovascular Resuscitation, and relief of airway obstruction for lay rescuers. Course completion card will be issued upon completion of course.

**Location:** Jackson Fire Dept. Comm. Rm.  
Min. 5/Max. 18 CODE: 3038

Sess.	Dates	Day	Time	Fee
1	Nov 7	WED	6-9pm	\$45
2	Feb 6	WED	6-9pm	\$45

Instructed by the Jackson Fire Dept.

## PICKLEBALL LESSONS

This instructional class is an introduction to Pickleball for beginners and novice players who have never played or are new to the game. You will learn rules and game playing techniques.

PRE-REGISTRATION IS REQUIRED

**Location:** JACC

Min. 4/Max. 8 CODE: 3021

Sess.	Dates	Day	Time	Fee
1	Oct 22	MON	1-3pm	\$7/NR\$11
2	Jan 28	MON	1-3pm	\$7/NR\$11
3	Mar 18	MON	1-3pm	\$7/NR\$11



Indoor Pickleball At The  
JACKSON AREA COMMUNITY CENTER

## FALL/WINTER PICKLEBALL

GET YOUR  
LOYALTY PUNCH PASS TODAY!  
Only \$30 for 10 visits and the 11th is  
FREE!

No expiration date!  
Daily rates are \$5.00 per visit.

FALL/WINTER INFORMATION  
Sept. 4, 2018 - May 31, 2019

### PASSIVE PICKLEBALL

*Perfect for beginners or those new to the game of pickleball and are still learning general play and rules. It's also great for seasoned players that prefer a non-competitive, slower paced game.*

**Tuesdays & Thursdays  
1-3pm**

### GENERAL PICKLEBALL

*Great for those who know their Pickleball and are ready to hop into challenging, fun & faster pace games.*

**Monday, Wednesday & Fridays from  
8:30am to Noon**

### NO PICKLEBALL DATES:

Oct: 29  
Nov: 22 & 23  
Dec: 7, 13, 24, 25, 27, 31  
Jan: 1 & 22  
Mar: 26 & 28  
Apr: 19

*There are rare occasions that we may need to cancel a date at short notice, we will make every attempt to inform participants as early as possible. Thank you.*





# Adult Enrichment

JACKSON JT. PARKS & RECREATION DEPARTMENT

## Pickleball Tournament

### Social Pickleball Tournament

DATE: **Saturday, JANUARY 26, 2019**  
 TIME: 8:00am - TBD  
 WHERE: Jackson Area Community Center  
 N165 W20330 Hickory Lane, Jackson WI 53037  
 COST: \$10.00 per player, 2 players per team  
 (team registration only)  
 CODE: #0018



### GREAT PROGRAMS FOR PARENTS & TEENS TO DO TOGETHER!

#### ADULT MAKE AND TAKE SIGN PARTY

By Life Expressions Decor  
 Ages 14+

Jackson Park & Rec has teamed up with Life Expressions Decor to bring the fun of sign making to you! Let's have some arts & crafts fun and make something you will be proud to hang on the wall for a long time. Everyone will MAKE a sign and TAKE it home the same day. There are no special talents required. It is super fun and easy to do. In this instructional class each adult will paint a board and apply lettering. You will choose your paint colors the day of class (wear painting clothes as we will be using acrylic paint), but please choose one of the phrases listed below and list it on your registration form.

1. *Be the reason someone smiles today*
2. *I'd rather shovel sand than snow*
3. *Friends are like stars...you don't always see them, but you know they're always there.*

Location: **JACC**  
 Min.3/Max. 12      CODE: 3063

Sess.	Dates	Day	Time	Fee
1	Nov 15	TH	6-7:30pm	\$35/NR\$52
2	Apr 11	TH	6-7:30pm	\$35/NR\$52

\*Fee includes: wood sign, paint, supplies and facility fees  
**Registration Deadlines are Nov. 5 & Apr 1**

#### LIVE YOUR BEST LIFE VISION BOARD WORKSHOP

Ages 16 +

If you are not where you thought you would be in life, not happy in any way about how you live each day, or simply feel that you need a change, but don't know where to start, then this workshop will help you gain clarity, and time to really look at what you want and take the action steps to manifesting your best life! Everyone from Katy Perry to Oprah Winfrey have intentionally created outcomes in their lives with this simple tool: Vision Boards! This instructional half day workshop will focus on what you want to be, do or have in your life. Instructor Sonya Behan, MSW has been a Social Worker for over 23 years and has used Vision Boards of over 15 years! Please note there are also 3 additional hour long classes to help encourage and support your goals and dreams! \*All supplies will be provided, except personal pictures you may wish to use.



Location: **JACC**  
 Min 5/Max 10      CODE: 3062

Sess.	Dates	Day	Time	Fee
1	Feb 16,21, 28 & Mar 7	SAT	9-1pm	\$125/NR\$187

# Adult Enrichment



## OPEN ART STUDIO TIME

18+  
(13-17 can be accompanied by a parent)

Looking for a place to work on painting or drawing? Open Studio enables artists to drop in and get creative. It allows Artists to work independently

on their art projects in a supportive community of their peers. Each artist is responsible for his or her own project, supplies, and clean-up. The Jackson Community Center will provide an indoor space with tables. No need to register, just come on in any time we have Open Studio. Don't miss your chance to get some extra hours in the Studio! Come and be creative, make new friends or use this time to get together with old friends.

**Location: JACC**

**CODE: 3060**

Dates	Day	Time	Fee
Beginning Oct 17	WEDNESDAYS	12-3pm	free

### No Open Studio

- \* November 21
- \* December 26
- \* March 27

(more dates may be added and will be posted)

## CROCHET & KNITTING BASICS

Ages 18+

Yarn work is a lost art that will give you a lifetime of pleasure and relaxation. In this 4 week instructional course you will learn to create handmade items for yourself and people you love. In the crochet portion, you will be introduced to the following stitches: chain, single, 1/2 double, slip and many more. In the knitting portion learn to make handmade items using the knit and purl stitch. Participants must purchase their own Crochet Hooks (H or I) and a worsted weight yarn. Knitting: Participants will need to bring SIZE 5 Needles or up and #4 Yarn. Materials and patterns for first project will be explained at the first class.

**Location: JACC**

Min. 3/Max. 8

**CODE: 3006**

Sess.	Dates	Day	Time	Fee
1	Sept 6 - 27	TH	1-2pm	\$20/NR\$30
2	Oct 4 - 25	TH	1-2pm	\$20/NR\$30
3	Jan 10 - Jan 31	TH	1-2pm	\$20/NR\$30
4	Feb 7 - Feb 28	TH	1-2pm	\$20/NR\$30
5	Mar 7 - Mar 28	TH	1-2pm	\$20/NR\$30
6	Apr 4 - Apr 25	TH	1-2pm	\$20/NR\$30



## Art Class paired with Wine Glass is your destination for FUN!

Must Be 21+

Can you sip from a wine glass while holding a paint brush? If so, you can paint! Uncork your talent! This is the perfect place for a great night out with friends. These instructional classes are easy and fun, made for those with no painting experience. A local professional artist will show you

step by step how to paint your very own work of art - you just add your own style and creativity. By the end of the night, each artist (that's YOU) will have created your very own masterpiece to take home. Frame it, hang it and love it because it's yours! A little wine, and whole lot of fun awaits you.

**Location: JACC**

Min. 6/Max. 12

**CODE: #3034**

Sess.	Dates	Day	Time	Fee
1	Feb 20	WED	6:30-8:30pm	\$40/NR\$60



All art materials will be provided, including 2 glasses of wine and munchies.



# Adult Computers

## ABC's OF COMPUTERS

Adults 18+

Are you new to using Computers? Do you wonder what people mean when they say the Cloud, Window, ISP, or app? Perhaps you just want to know more about how computers work. When it comes to learning today's technology, this instructional class has all the basic concepts covered. Please bring your own laptop **WITH WINDOWS 10** for the best experience.

**Location: JACC**

Min. 4/Max. 15

**CODE: 3002**

Sess.	Dates	Day	Time	Fee
1	Oct 29-Nov 21	M & W	7:15-8:15pm	\$25/NR\$38
2	Feb 4-- 12	M & W	7:15-8:15pm	\$25/NR\$38
No Class Nov. 12 & 14				

## COMPUTERS 101 WITH WINDOWS 10



Adults 18+

In this instructional class, we will share the insider knowledge that makes people savvy users of technology. We will keep building on the topic with tips, shortcuts, and useful procedures

that will help you become a pro with your devices. We will also cover the basics of Windows 10. This is the latest version of Microsoft's operating system for PC's and tablets released July 29, 2015. For the best experience please bring your own laptop running Windows 10 to class.

**Location: JACC**

Min.4/Max. 15

**CODE: 3012**

Sess.	Dates	Day	Time	Fee
1	Jan 8-29	TUES	6:30-7:45pm	\$35/NR\$53

## STAYING SAFE ON THE INTERNET

Adults 18+

To stay safe online, you will need to know about the potential risks you can face, such as malware, spam and phishing. This tutorial will give you the skills you need to protect yourself, your computer, and your privacy when using the internet. For the best experience bring your own laptop running Windows 10.

**Location: JACC**

Min. 4/Max. 15

**CODE: 3051**

Sess	Dates	Day	Time	Fee
1	Nov 6 & 13	TUES	6:30-7:45pm	\$15/NR\$23

## NEED ASSISTANCE USING YOUR LAPTOP?

Ages 18+

Do you have questions on using your laptop? Do you need help in setting up or downloading programs? Do you need to learn how to set up email? In this twice a week 60-minute help session with our computer instructor he will offer help with migrating to and using Microsoft Windows 10. He can assist with use of Microsoft Word, Microsoft Excel, Email, and safe use of the internet. You'll need to bring your laptop and power adapter with you. Come to class with specific questions or issues related to your computer. After registering for the session, to prepare for the scheduled meeting, the instructor will contact you to get your questions and concerns.

\*Please note, although there may be more than one participant in the session, the instructor may not be able to answer all technical questions but will do their best to ensure that each student receives answers to their specific questions. He cannot help with repair of equipment issues or teach typing.

**Location: JACC**

Min.4/Max. 8

**CODE: 3047**

Sess.	Dates	Day	Time	Fee
1	Dec 4 & 6	T & TH	6-7pm	\$45/NR\$68
2	Feb 5 & 7	T & TH	6-7pm	\$45/NR\$68
3	Mar 19 & 21	T & TH	6-7pm	\$45/NR\$68

## I OWN A COMPUTER, NOW WHAT???

Adults 18+

This 3 week course is great for those that have little or no computer experience. In this instructional class, participants will learn how to control the mouse and use the keyboard. This class will include the basic terminology of the computer and basic functions of word processing and beginning Internet. Instructions on using e-mail will also be included. We encourage you to bring your own laptop to class. Limited Laptops are available for use.

**Location: JACC**

Min. 4/Max. 15

**CODE: 3004**

Sess.	Dates	Day	Time	Fee
1	Oct 29-Nov 21	M & W	6-7pm	\$25/NR\$38
2	Feb 4-20	M & W	6-7pm	\$25/NR\$38
No Class Nov 12 & 14				

# Adult Financial Prep and Medicare Help



## PLANNING FOR LIFE NAVIGATING THE WORLD OF SENIOR CARE

*Presented By: Oasis Senior Advisors of Northshore Milwaukee*

Jackson Park & Rec has teamed up with Lauren O'Desky, Certified Senior Advisor and Owner of Oasis Senior Advisors of Northshore Milwaukee to bring you this FREE - 3 part workshop. Lauren is a specialist in dementia care and assisted living placement and lectures on a variety of senior related topics. Although there are NO FEES for these seminars, registration is required to help our speakers prepare. You can sign up for them individually or for all of them!

**Location: JACC**

Min. 5/Max. 12

**CODE: #4010**

Sess.	Dates	Day	Time	Fee	Workshop Topic
Part 1	Oct 9 <i>Reg. by Oct 2</i>	TUES	10:30-Noon	FREE	<b>Finding the "right" Senior Community and Affording It:</b> Did you know there are over 500 senior communities in the Milwaukee metro area? How do you decide which one is the "right" one for you or your loved one? What are the best ways to pay for assisted living?
Part 2	Oct 16 <i>Reg. by Oct 9</i>	TUES	10:30-Noon	FREE	<b>What I Wish I Would Have Known Before Mom Broke Her Hip:</b> Get the inside information about what to expect in the hospital, rehab, home care and assisted living and what your choices are when planning ahead.
Part 3	Oct 23 <i>Reg. by Oct 16</i>	TUES	10:30-Noon	FREE	<b>The Most Important Conversation:</b> Whether you are parents wanting to talk to your children about medical and financial wishes or children wanting to make sure Mom & Dad are clear on what they want in case of emergency, the conversation is a hard one. Learn about how to have the conversation, what to cover and about the experts available to help you along the way.

## UNDERSTANDING MEDICARE PARTS A, B, C & D Ages 50+



Mike Peplinski, from Physicians Mutual family will be at the Jackson Community Center to offer educational information and materials on Understanding Medicare: Making the most of your rights, options and entitlements; how to enroll in Medicare; what Medicare does and doesn't cover and much more.

***This is a FREE Workshop!***

**Location: JACC**

Min. 5/Max. 25

**CODE: 4013**

Sess.	Dates	Day	Time	Registration Deadline
1	Sept 19	WED	6-7pm	Sept 8
2	Oct 17	WED	6-7pm	Oct 13
3	Nov 14	WED	6-7pm	Nov 10

## INTELLIGENT INVESTING FOR RETIREMENT WORKSHOP Wednesday, October 3 6-7:30pm

Great For Ages 18+

This workshop is FREE!

Are you looking for a framework to manage your investments, such as in a 401k or IRA? Not sure what is in your portfolio? In this class, Adam Ryback from Kevin Bay Investments, will instruct you on the fundamental principles of investing using the theories of Benjamin Graham, billionaire Warren Buffett's mentor. This class will use Benjamin Graham's classic book "The intelligent Investor", which Warren Buffett call "the best book on investing ever written", as a guide.

**Location: JACC**

**CODE: 4002**



# Young At Heart - 50+



## JACKSON SENIOR CARD CLUB

Is always looking for new members to come and enjoy lunch and an afternoon of Sheepshead or Manipulation. The club meets every Tuesday at the Jackson Area Community Center. The annual dues are only \$10.00!

Call Doris Dauer if you would like more information (262) 457-2287.

Lunches are in cooperation with the Washington County Senior Dining Program at the Jackson Area Community Center.

## WASHINGTON COUNTY SENIOR DINING



*Meal time is more enjoyable with friends!*

The congregate nutrition program offers persons age 60 and over the opportunity to enjoy a hot lunch and to meet socially with other seniors. Meals are served Monday - Friday at 11:30 on an affordable donation basis. Why not meet new people and have a wonderful meal in a safe and inviting place!

**Call Margaret at (262) 483-6184 to make your lunch reservation!**

**Provided by the Washington County Aging & Disability Resource Center**

meal site is at the:

**Jackson Area Community Center**

N165 W20330 Hickory Lane

Jackson, WI 53037

**FREE - Health Promotion Program and Nursing Services**

## WALK WITH EASE Program

6 Week Courses

Sess. / Oct. 8 - Nov. 16

Code: #4009

*Free*



This program is provided through the Washington County Aging and Disability Resource Center in cooperation with the Arthritis Foundation. The program is a community-based physical activity and self-management education program. While walking is the central activity, **Walk With Ease** is a multi-component program that also includes health education, stretching and strengthening exercises, and motivational strategies. Group sessions include socialization time, pre-walk informational lecturettes, warm ups and cool downs and 10-35 minute walking period. The class is held on Mondays, Wednesdays and Fridays from 1-2:00pm. There is a limit of 12 participants, so, **please sign up EARLY at the Jackson Area Community Center, space is limited.**



## STRONG BODIES

Dr. Miriam Nelson, a professor at Tufts University in Boston, Massachusetts, has developed a strength-training program specifically for mid-life and older adults.

The **Strong People Program** is an exercise program that will help you increase your strength, bone density, balance, and energy, and you will look and feel better! Brought to you in partnership with the Washington County Aging and Disability Resource Center.

Location: Jackson Area Community Center

Min. 6/Max. 12

**CODE: 4008 No Class: 10/19, 11/21, 11/23 & 12/5**



Sess.	Dates	Day	Time	Fee
1	Oct 3 - Dec 9	WED & FRI	8:30-9:30am	\$5/NR\$7.50



# Young At Heart - 50+



## CHRISTMAS SOCIAL

FEATURING A LIVE PERFORMANCE BY  
**TOMMY WINCH**

**Singer, Songwriter & Musician**

Lunch, Show & Bingo at the



**Thursday, December 13, 2018**

Lunch at 11:30 and the performance at 12:00  
At the Jackson Area Community Center

Come join us for an afternoon of food, music and fun! Start out with a lunch provided by the Washington County Senior Meal Program. Please call (262) 483-6184 for lunch reservations by Wednesday at 12:00pm (cost of lunch is donation based). Then, be entertained by singer, songwriter & musician, Tommy Winch! There is no charge for the performance, however donations are always welcomed.



**Now on  
Tuesdays and  
Thursdays!**

## PING PONG & POOL LEAGUE

Do you have what it takes to ROCK the game of Ping Pong and/or Pool???? Rediscover the fun and excitement of these classic sports. Join these fun, recreational leagues today! The number of games will depend on the number of individuals signed up for each sport.

Location: JACC  
No Min or Max

**CODE: #4007**

Sess.	Dates	Day	Time	Fee
1	Oct 2	T & TH	1:00-3p	FREE



## Healthy Living with Diabetes



### What is *Healthy Living with Diabetes*?

This is a proven workshop!

- Designed for adults with type 2 diabetes (pre-diabetes, type 1, and caregivers are welcome to attend!)
- Explains skills to effectively manage diabetes, or delay the onset of diabetes
- Can result in 25% improvement in your condition
- Can help minimize the adverse effects of diabetes

The workshop, facilitated by two trained Leaders, including one who has diabetes, meets for **2 hours once a week for six weeks**. This workshop does not replace existing treatments, but serves to complement a participant's current plan.

### Topics Include:

- What is Diabetes?
- Sharing/Problem-Solving
- Setting short-term goals
- Healthy Eating: Meal planning and reading nutrition labels
- Tips for exercising
- Stress & depression management
- Monitoring blood sugars
- Preventing low blood sugar
- Managing difficult emotions
- Preventing or Delaying Complications
- Working with and communicating more effectively with family, friends, and medical providers.

### What's in it for me? *People who have taken the workshop show:*

- Better health, and a sense of confidence in managing their diabetes
- Improvements in blood sugar levels and A1C
- Decrease in health distress and hypo- and hyperglycemia
- Fewer doctor and emergency room visits and fewer hospitalizations

**Cost:** Optional \$20 book deposit to take book home.

### Did you know?

- One of every 11 Americans is affected by diabetes.
- In Wisconsin, there are 400,000 adults with diabetes and 1.45 million adults with pre-diabetes

### Upcoming workshop:

Check out our other healthy living programs by visiting us online at:  
**www.wihealthyaging.org**  
Click Find a Program

**Hablas Espaol?**  
Keetah Smith: 414-225-4227



**wiha**  
Wisconsin Institute  
for Healthy Aging

# Young At Heart - 50+



Refresh your driving skills with the

## AARP Driver Safety Program

Presented by AARP and the Jackson Police Dept. - sponsored by TOYOTA

Learn: defensive driving techniques, proven safety strategies and new traffic laws & rules. Plus, there's no tests to pass. Upon completion you could receive a multi-year discount on your car insurance! Note, Non AARP members pay \$20.00 for the class.

Location: JACC  
Min. 3/Max. 7 **CODE: 4012**

Dates	Day	Time	Fee
Nov 8	TH	9am-1pm	AARP Members \$15 Non Members \$20



Call the Jackson Jt. Parks & Recreation Dept. for information on registering (262) 677-9665



## Free Seminar If This Is A Smart Phone or Tablet, Why Do I Feel So Dumb??

Thursdays:  
Nov 1 from 6 - 7:30pm  
Jan. 24 from 10-11:30am  
March 21 from 6 - 7:30pm

Do you have a Smartphone/Tablet or are you interested in purchasing one, but not really sure how to use it? Would you like to understand how you can really make your Smartphone/Tablet work in your personal and professional life? Then bring your questions and curiosity! Representatives from Connect Cell of Jackson - a U. S. Cellular Authorized Agent, will have answers. Learn about words like social media, hotspots, modems, tablets, safety and more!

Although this is a free seminar, we ask that you please register to help the instructor better prepare. **CODE: 3010**



## FREE COMMUNITY ADULT LENDING LIBRARY & PUZZLE EXCHANGE!

Open to all adults on the honor system. Donated books on all kinds of topics are available for residents of the Town and Village to read and return at the:

**Jackson Area Community Center**  
*Book donations are always welcome!!!*



**A BIG THANKS**  
To Our Volunteer Librarians, Mary Jane and Jan!  
We couldn't do it without you!

# FREE PROGRAMS FOR 60+

THE FOLLOWING JACKSON PARKS & RECREATION PROGRAMS ARE FUNDED BY THE OLDER AMERICANS ACT THROUGH THE ADRC OF WASHINGTON COUNTY.

**Participants must be 60 years or older to participate . Pre-registration is required for all programs.**

*Donations are welcome toward the cost of these programs.*

Program Name	Description	Dates	Times
<b>JACC Book Club</b> Min 5/Max 15 Code: 4030	Do you love books? Are you often looking for people to discuss literature? Expose yourself to new Genres? Do you want to meet new people and make new friends with common interests? Then this Club is for you! Come and join us the second Thursday of each month at the Jackson Community Center. The Book Club will be lead by Sue Bliese.	Begins 10/11	Thursdays 9:30-11:00am
<b>PICKLEBALL FOR 60+</b> Code: 4031	If you are 60+, come and join us on Tuesday mornings for a FREE morning of Pickleball. This is great for all beginners who know Pickleball and prefer a non-competitive, slower paced game. Must be 60+, NO EXCEPTIONS.	Begins 1/8	Tuesdays 9-11am
<b>POTAWATOMI CASINO</b> Min 8/Max 15 Code: 4032 <i>Only 15 seats available!</i>	Cha-ching! Invite your friends and try your luck at the Potawatomi Casino in Milwaukee. This trip includes: fun, camaraderie, motor coach transportation, \$10 match play, \$10 food voucher and FUN! A \$25.00 refundable deposit is required and will be returned if you attend the trip.	S 1: 2/5/2019 S 2: 4/2/2019	Departs 7:15am Returns 3pm <i>Pickup &amp; Drop off West Bend, Walmart Parking Lot</i>
<b>CARING FOR YOUR FEET</b> Max 12 Code: 4039	Join Toe Nail Trimmers for a foot assessment, foot & toe nail care, corn & callus care, foot care teaching as well a nice foot massage. Care by Registered Nurses. Schedule 30 minute appts. with Renee.	S 1: 1/23 S 2: 2/27	Wednesdays <i>By Appt. Only am's and pm's</i>
<b>CARDIO HOOP MIX LITE</b> Min 5/Max 15 Code: 4034	This low Impact instructional class is designed for older adults using a combination of many exercises to use all your muscle groups. This class is fun and will give you a good workout!	S 1: 1/8 - 2/12 S 2: 2/19 - 3/26 S 3: 4/2-5/7 S 4: 5/14 - 6/18	Tuesdays 9-10am
<b>WINTER MEALS FOR 1 or 2</b> Min 5/Max 12 Code: 4035	Need ideas for downsizing your meals? In this instructional hands on course you will cook quick economical warm winter meals that are perfect for 1 or 2 without a lot of wasted leftovers. Bring Ziploc bags or containers for take home goodies!	S 1: 1/7- 1/28 S 2: 4/1 - 4/22	Mondays 1-3pm
<b>USING LINUX SOFTWARE ON YOUR COMPUTER</b> Min 4/Max 15 Code: 4036	Windows 7 and Windows 8 will be getting updates after a soon to be announced date. Some people have perfectly good desktop and laptop computers that could be changed over to Linux at no cost extending the life of their computers. This class offers hands-on use for Linux. Bring your laptop to class.	S 1: 1/16-1/30 S 2: 2/13 - 2/27 S 3: 3/13 - 3/27	Wednesdays 10-11:30am
<b>PAINTING WITH SONYA</b> Min 5/Max 12 Code 4037	Explore your creativity, with this fun and interactive instructional class. Paintings will be done on canvas with acrylic paint. All supplies are provided. Wear clothes that you won't mind getting a bit of paint on.	S 1: 2/4 - 2/25 S 2: 3/4 - 3/25	Mondays 1-3pm

**Other Older Americans Act and ADRC Programs include:  
The Annual St. Patrick's Day Party and Bingo For A Buck!**

*Please note, these programs are grant driven and may not run if grant funds are not available.*



# Rentals & Sponsorship Opportunities

## JACKSON AREA COMMUNITY CENTER Facility Rental Information

Party/Meeting rooms are available for groups up to 325 (150 seated at tables).

Gymnasium is a perfect place for ceremonies, recitals and other large events.

For rental details call (262) 677-9665 or online at:  
[jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)

JACC rents on a rotating 12 month calendar!



## Jackson Parks & Rec. will be accepting Park Shelter & Splash Park Reservations

for 2019 - beginning  
January 2, 2019

See Park & Community Center rental details on the web at [jacksonparkrec.recdesk.com](http://jacksonparkrec.recdesk.com)



For Town Hall & Park Reservations call (262) 677-4048

Thanks for 2018 Monte Carlo Night Sponsors! Fundraising for the Feb. 2, 2019 Monte Carlo Night will begin soon! Please call Kelly at (262) 677-9665 x103 if you would like to get involved.

## 2018 MONTE CARLO NIGHT SPONSORS

*The Jackson Parks & Recreation Department would like to thank all the following businesses and individuals that made this year possible!*

**BMO HARRIS BANK**  
**KERRY INGREDIENTS**  
Friends of Jackson Jt. Parks & Recreation  
Sprecher Brewing  
Kruepke - Mobil  
Culver's of Jackson  
Next Electric



Jackson Auto Service  
JCL & Son's  
Jackson Moonlighters Snowmobile Club  
Jackson Pub  
Jimmy's Restaurant  
Boys & Girls Clubs of Washington County  
H & R Block  
B & L Graphic Solutions  
Wisconsin Pharmacal Co.  
Gremmer & Associates  
Town & Country Engineering  
Greater Jackson Business Alliance  
St. Peter Law Offices  
Pleasant Valley Pet Hospital SC  
Tom & Doreen Kruepke  
Design2Construct  
Sabel Mechanical

Advocare  
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Beiri's Cheese  
Bridge Inn - Grafton  
Buffalo Wild Wings  
Camelot Golf Club  
Cedar Corporation  
Cedarburg Creek Farms  
Chainsaw Bob - Wood Artist  
Challenger British Soccer  
Chocolate Factory  
Coffeeville of Jackson  
Comfort Inn  
Country Inn & Suites  
Cranberry Creek Diva's

Dairy Queen  
Dena's Specialty Candies  
Derma Skin Care  
Family Video  
Fox Bros. Piggly Wiggly  
Gloria Teifke  
GND Painting Services LLC  
Heritage Hill Nursery Inc  
Healing Elements Spa  
Hidden Glen Golf Club  
Hoff's at Camelot  
Ivey's On Main - Wendy Iverson  
Jackson Area Youth Baseball  
Jackson Family Dentistry  
Jackson Soccer Club  
Jim Brady - Brewers  
Kiddie Kampus

Kwik Trip  
Lammscapes  
Living Word Lutheran H.S.  
Marco's Pizza  
Mary Kay, Karen Sinclair  
Mc Donald's  
Miller Monument Co  
Milwaukee Admirals  
Milwaukee Wave  
Paparazzi - Amanda Warczak  
Papa Murphy's Pizza  
Paradise Springs Fitness  
Pizza Station  
Planet Fitness  
Pleasant Valley Pub  
Property Loss Management  
School-Pak, Inc.

Salon Biddizza  
Sonya's Rose Creative Florals  
Shorewest Realtors of Jackson  
Cy & Shirley Swiecichowski  
Star Promotions  
SUBWAY  
Super Lube  
Texas Roadhouse  
The BOG  
Thirty-One, Amy Schrap  
Thirty-One, Wendy Tremaine  
Walgreens Pharmacies  
Washington Co. Fair Park  
Washington Co. Humane Society  
West Bend Furniture & Design  
Wisconsin Timber Rattlers  
WTKM - Dave & Connie Stout

Please support our local businesses!



## Jackson Travel Center

HWY 60, Jackson

### R&M Laundry

Maytag Commercial Units  
Large Capacity Units  
Open Daily Until 11pm  
Flat Screen TV & Clean

### EAST SIDE MART

- \*E-85, Diesel Island
- \*Propane Exchange
- \*Car Wash
- \*Lunch Specials

WE WOULD LIKE TO THANK JOHN & MARIAN KRUEPKE FOR SPONSORING  
THE 2018 ACTION IN JACKSON FIREWORKS SHOW! We can't for 2019 show!



## Jackson Pet Hospital

Vaccinations • Lab Services & Pharmacy • Dentistry  
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# Please support our local businesses!

www.AdversityWisconsin.org

www.Facebook.com/AWVBC

## Adversity-Wisconsin VBC Orange Minions

Instructional Volleyball Program for Boys & Girls Grades 3 - 6



3:00-4:30 Grades 3<sup>rd</sup> & 4<sup>th</sup>  
5:00-6:30 Grades 5<sup>th</sup> & 6<sup>th</sup>

### 12 Sunday's over the course of 3 months (Grades & Times Top Right):

- Jan 16-13-20-27
- Feb 03-10-24 (no session Feb 17th = President's Day)
- Mar 03-10-17-24-31
- Easter is April 21st (no conflicts as we are done 3/31)

- \*Picture Day will be held Feb 24th! Pictures posted to our Facebook & webstie pages (see above for addresses)
- \*All sessions held at our "NEW" training facility (ATC) 113 W18750 Carnegie Drive, Germantown, WI 53022
- \*Athletes split into 2-3-4-5 groups weekly using the quadrant training method (which allows kids to train at their level)

### To Register/Reserve Your Spot Today:

- \*Complete the concussion & medical release form (located on our website listed above)
- \*Obtain a junior youth badger region membership card (required to participate, only \$15)
- \*Email athlete's **name & current grade** to [coachpauers@gmail.com](mailto:coachpauers@gmail.com) (include youth or adult t-shirt size)
- \*Submit all 3 forms, fees & **\$300.00** to: **Adversity-Wisconsin VBC**; 1422 Trillium Ct., West Bend, WI 53095
- \***Club Fee Policy:** Minions Fees are Non-Refundable. Refunds will not be given to any athlete for any reason.

**Space is limited (2 courts, 3 training areas & 4 IMPACT certified coaches - 1st Come 1st Serve!**

**\*\*\*Directed by Dave Pauers & coached by various Adversity-Wisconsin VBC Coaches & Trainers.**

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 Hwy 60, Jackson WI

We are coffee roasters, with the knowledge of coffee and how to source the best beans available to roast to our specific characteristics of flavor for the truly best aroma. Coffeeville Co. is committed to using the finest ingredients in all our products and recipes. We pride ourselves on using select meats, local cheeses and dairy, high end spices, fresh fruits and vegetables. All products must meet our standard of quality, freshness and seasonality, with no artificial sources used.

[www.coffeevilleco.com](http://www.coffeevilleco.com)

OPEN for BREAKFAST & LUNCH  
Mon - Fri 6 am - 4 pm  
Sat - Sun: 7 am - 4 pm

ALWAYS FRESH ROASTED COFFEE

## LENNOX

AN INDEPENDANT DEALER

COMFORT CRAFTSMAN

### JACKSON HARDWARE HEATING & AIR CONDITIONING

OFFICE: 677-3477      3263 HWY P IN JACKSON  
[www.jhhac.com](http://www.jhhac.com)

HEATING

SHEET METAL  
HUMIDIFIERS  
AIR-CLEANERS

INSTALLATION  
24 HOUR REPAIR  
& SALES

AIR CONDITIONING

GARY WEDEWARD  
OWNER

15%  
OFF SERVICE  
WITH THIS AD



# Please support our local businesses!



## JACKSON FAMILY DENTISTRY

SCOTT W. CHARMOLI DDS

### WELCOMING NEW PATIENTS

N168 W20060 Main Street  
Jackson, WI 53037

262-677-3003

[www.jacksonfamilydentistrywi.com](http://www.jacksonfamilydentistrywi.com)

Are you a business or organization looking for a reasonable way to advertise and get your name out to the Jackson Community, while helping your local Parks & Recreation Department? Look no further, call Jess at the Jackson Parks & Recreation Department and discover the many ways we can help you advertise - like in our Activity Guides!!

(262) 677-9665 or

[parkrec@villageofjackson.com](mailto:parkrec@villageofjackson.com).

## New Storage Facilities!

Jackson Self Storage

Featuring

Climate Controlled & Regular Storage Units

Security Cameras

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Located on the corner of

Tower Drive & Industrial Drive

262-420-9924

[www.mychoiceselfstorage.com](http://www.mychoiceselfstorage.com)

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Same Day  
Appointments Welcome  
20 Years Of Experience

Call Kim:  
(262) 457-1025



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Are you prepared to vote at the General Election on  
November 6, 2018?

**Have you moved into or within the Village of Jackson,  
changed your name or are a new voter?**

**\*\*It is recommended that you register to vote now to avoid lines at  
the polling location.\*\***

**Check your voter registration at: [myvote.wi.gov](http://myvote.wi.gov)**

You can check your voter registration status, find your polling place,  
view a sample ballot and find out information about voting.

For more information: [www.villageofjackson.com](http://www.villageofjackson.com)  
(Village Government/Elections/Election Information)



# Program Registration Form

REGISTER: In person,  
ONLINE or by mail!

JACKSON AREA COMMUNITY CENTER, N165 W20330 Hickory Lane, Jackson - WI 53037  
Phone (262) 677-9665, Fax (262) 677-9641, Email: parkrec@villageofjackson.com



FAMILY NAME \_\_\_\_\_ RESIDENCY  Town  Village  NonRes. \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 HOME PHONE (\_\_\_\_) \_\_\_\_\_ ALTERNATE PHONE (\_\_\_\_) \_\_\_\_\_ EMAIL \_\_\_\_\_  
 EMERGENCY CONTACT NAME & NUMBER \_\_\_\_\_

ALLERGIES OR MEDICAL CONDITION TO NOTE  NO  YES  
 Please Explain \_\_\_\_\_

**REFUND REQUESTS:**  
 Requests for full refunds must be made 2 weeks prior to the start date of the program. A 50% service fee will be applied to any cancellations made 14 calendar days prior to the start date of a program. NO refunds will be granted once a program has begun. Please allow 2 weeks for processing.

- Complete form with waiver signed below.
- Include payment: check made payable to "Jackson Jt. Parks & Rec. Dept." /cash/ or credit card info below.
- Mail or drop off at the Jackson Area Community Center (address above) at least 5 days prior to class start date.
- Proof of residency and/or age may be requested at anytime.
- Registrations are on a first come, first served basis at the time of payment.
- We reserve the right to cancel, combine or reschedule to meet instructor and class size needs.

Participants Name	DOB	Age	Grade	Program Name	Program CODE	Session	Day(s)	Dates	Time	Fee
Sample Sample	0 / 00 / 0000	1	1	Super Fun Class!	130	4	M & W	8/10-9/2	5-6pm	\$0.00
/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /
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TOTAL: \$ \_\_\_\_\_

**LIABILITY WAIVER: All registrants are required to sign the following release. Parents or guardians must sign for minors.**

I, the undersigned do hereby agree; the above named registrant for whom I am the parent or guardian, to participate in the activity indicated and am aware of and understand that there may be risks and hazards inherent with participation in this activity. I affirm that I, or the minor registered for this activity, am doing so as a voluntary participant. In consideration of my participation or participation of the minor I do hereby agree to release, waive, absolve, indemnify on behalf of myself or minor, my/his/her family, my/his/her heirs and my/his/her assigns the Village & Town of Jackson, its employees, officers, agents and sponsors from liability for injury, death or loss suffered by me or the minor in any and all present and future claims, liabilities, damages or right of action directly or indirectly resulting out of participation in the activity, using the facilities, or engaging in any activities incidental there during the duration of the scheduled program, which result from the ordinary negligence of the Village & Town of Jackson, its employees, officers, agents and sponsors. The Village & Town of Jackson DOES NOT provide accident insurance to participants in recreational activities and I assume full responsibility for any and all injuries or damages which may occur to me/or minor while participating.

**MEDICAL EMERGENCY RELEASE WAIVER FOR MINORS:** In the event of a medical emergency, I authorize the Parks & Recreation Staff to obtain medical treatment for my son/daughter or minor for which I am guardian.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_ CASH  CHECK

## CREDIT CARD AUTHORIZATION

Amount: \$ \_\_\_\_\_

Name on Card (print) \_\_\_\_\_  
 Billing Same as above or please list \_\_\_\_\_

AMEX                         
 VISA/MC                        
 or Discover

I authorize the Jackson Jt. Parks & Recreation Dept. to charge my credit card for the above fees. If the Jackson Jt. Parks & Recreation Dept. is unable to process my payment, I will be responsible for an alternate payment arrangement.

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

(A convenience fee will be added for credit cards.)

**Jackson Jt. Parks & Recreation Department**  
**N165 W20330 Hickory Lane**  
**Jackson, WI 53037**

PRSRT STD  
U.S. POSTAGE  
PAID  
PERMIT NO. 147  
JACKSON, WI  
53037

# Please Support Jackson Businesses

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or  in the Middle of Anywhere

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N168W22734 Prairie View Ln.  
262-677-9224

West Bend  
2025 W. Washington St.  
262-338-6329

CALL FOR STORE HOURS.

7736048

Are you a business or organization looking for a reasonable way to advertise and get your name out to the Jackson Community, while helping your local Parks & Recreation Department? Look no further, call Jessica at the Jackson Parks & Recreation Department and discover the many ways we can help you advertise - like in our Activity Guides!!

**(262) 677-9665 or [parkrec@villageofjackson.com](mailto:parkrec@villageofjackson.com).**